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ADVANCES IN MEDICINE.*

[Dr. Smith introduced his subject by a brief but brilliant review of medicine from the earliest times to the three great discoveries—antiseptic surgery, anesthetics and modern sanitation. Continuing, he alluded to the work of Koch.]

Tuberculin was announced to the world. Fools rushed in and administered the newly discovered substance without any regard to the extent or degree of disease in the patients under treatment. Hundreds were thus put out of existence who might have lived for many years. But with a more accurate knowledge of tuberculin and the power of resistance to the disease as estimated from time to time by Wright's opsonic index, excellent results are being obtained in the treatment of this disease by the administration of much smaller doses than those given by Koch.

Wright and his confreres have conferred a great boon on humanity by their splendid researches and investigations. Not only in tuberculosis, but in furunculosis, acne, empyema, and endocarditis, marvellous results have already been obtained by the vaccination method.

Metchnikoff's theory was that the germ-destroying power in the blood was due to the phagocytes. The investigations of Wright and others prove that this power is not in the white blood corpuscles, but rather in some, as yet unknown, substance in the serum of the blood, which prepares the invading germ for ingestion by the phagocytes, and to which the name opsonin has been given.

Perhaps no form of treatment has given better results, or promises greater achievements for the future, than what is called serum treatment. During the last ten years this form of therapy has completely changed the death-rate from one of the most fatal diseases—diphtheria. The mortality in large contagious hospitals has thus been reduced from forty-five per cent. to an average of sixteen per cent. In tetanus, snake-bite and rabies, the results, while gratifying, are not so brilliant. The experiments with serum-therapy have been promising in bubonic plague, acute epidemic dysentery and typhoid; less promising, but still hopeful, in cholera, anthrax, and scarlet fever.

*An address to the Graduate Nurses' Association of Ontario.

The treatment is based on the fact that a group of body cells, for example those of the central nervous system, have the power of exerting themselves when compelled to defend themselves against a group of invading cells (for example, typhoid bacilli) and producing in excess substances antagonistic to such foreign cells or to their products. This antagonism is known as immunity. To be immune against a cell is to have the power of destroying that cell. Many persons are naturally immune against certain diseases, as the negro against malaria. Most people, however, must be made immune either by passing through an attack of the disease, or by having injected into their blood the serum of an animal previously rendered immune to the disease. Thus anti-diphtheritic serum is obtained from horses rendered immune to diphtheria toxin by increasing doses of the toxin administered subcutaneously.

The study of the glandular organs of the body has led not only to a more intimate knowledge of some obscure diseases, but to the discovery of new and most successful methods of treatment by glandular extracts. Thus in myxedema, cretinism, and the cachectic conditions consequent on removal of the thyroid gland for goitre (all representing the same morbid process occurring under different circumstances), remarkable cures have been accomplished by the introduction into the system of thyroid tissue or its products obtained from the sheep or other animal. Products of the suprarenal gland have been experimented with in recent years, and with almost equal success.

The treatment of mental diseases has been in many ages a disgrace to the medical profession. In spite of the humane teachings of Pinel, lunatics were found imprisoned in cages in some of the cities of France even up to 1834. Even in our own times, those suffering from these forms of disease have been regarded too much as entirely distinct from patients having other diseases, and have had no share in the great benefits accruing to the sick from hospital treatment. But a brighter day has dawned. Now we have pathological laboratories established in some at least of our public asylums, where scientific investigations will be conducted in the various forms of insanity. But perhaps even more important than this advance is the setting apart in our hospitals of special wards for the treatment of incipient cases. "In such conditions these cases will participate in the benefit enjoyed by the sick in general, the benefit of the highest available skill, and will share the advantages accruing from the association of specialists in mental disease with workers in other departments of medicine, including those skilled in laboratory methods." The benefit to these cases of not being confined in the same building with the incurably insane need only be mentioned.

HARLEY SMITH.

(To be continued.)

HOSPITAL ETHICS AND DISCIPLINE.

Accustomed to the freedom of a home, some nurses quickly forget that they are stewards of hospital supplies, that things entrusted to them for the use of patients are not personal property to be used or abused at will. There is a principle involved in the smallest transaction, but the principle will often be overlooked unless it is pointed out. Here the head nurse has a splendid opportunity to raise the whole moral tone of the hospital through her intimate contact with the nurses and by her own personal example.

The simple practice of the homely virtue of honesty will compel a nurse to own up when the breakage or destruction of an article occurs, but unfortunately, the rule in many hospitals is that "nobody did it."

The practice of every-day honesty will keep a nurse from sneaking an egg out of the ward refrigerator over to her room, to use in shampooing her hair. It will prevent her nibbling at the plate of fruit in the ice-box that belongs to some patients. It will keep her from appropriating for her own use articles of food or special delicacies provided for patients. These are homely illustrations of ethical questions, but, any one who has lived in a hospital must admit that they are true to life; so true, that some hospitals have had a special rule punishing with dismissal any nurse found guilty of taking for her own use fruits belonging to patients or delicacies provided by the hospital for them.

The practice of honesty will compel a nurse to own up when she fell asleep on night duty, or when she kept her light burning after hours, or came in late. The agreement on the nurse's part to keep the rules made when she applied or was accepted is very often quickly forgotten. There is no denying that the practice of simple honesty applied to every day conduct will be far reaching.

Next, in the points to emphasize in the teaching of ethics, might be mentioned the old-fashioned virtue of obedience; and, the practice of obedience like the practice of honesty involves a great deal that is vital in the business of nursing the sick. It has been said that the average American girl of the twentieth century is ignorant of the first principles of obedience. Certain, it is, that the disposition to argue the point, to want to do it some other way, to ignore entirely what has been said, to think it makes no difference, to ask idiotic questions or to neglect an order because it is difficult to carry out, are all prominent characteristics of the girl of to-day who presents herself for training. To have a girl who will do exactly what she is told, in the manner in which she has been taught, without questioning, or arguing, or, who will promptly come and report that she finds difficulty in carrying out an order, is to possess a treasure whose value to the institution cannot be measured. She imparts a sense of security and con-

fidence wherever she is on duty, that is in striking contrast to the feeling of anxiety, of constant uneasiness, produced by some other nurses whom a head nurse never feels she is sure of, unless she is standing guard over them to keep them up to the mark.

In all hospitals will be found nurses who are unattractive in manner, nurses who are untactful, nurses who are indiscreet, nurses who are (sad to relate) not always truthful, nurses who are noisy and frivolous, while doubtless every one of them possesses some of the qualifications so desirable in nurses. Out of this imperfect and often unpromising material are to come the nurses of the future. The great majority come with very crude ideas as to what training really means. Most of them have grasped the thought that it means they are to be taught to do a great many things for sick people and to get through with a certain course of study; but, that their own personal habits are to be interfered with has, perhaps, never occurred to them. Few candidates, if any, realize how much their own personality, their own manner is to figure in their success. As a matter of fact there is no line of work where personality counts more. A patient may put up with rough uncouth habits in a physician, and often, foolishly, think it a mark of genius or skill, but, not so with the nurse. "It is a rare thing for a patient to ask me where I trained," said a nurse in private practice. "The majority of sick people know very little about hospitals or training schools, but they and their friends knew whether they liked me or not, and after all, that is what counts." She spoke truly. It is personality that counts everywhere. A pretty face is not a disadvantage, but it does not always imply a pleasing personality. What the physician wants is a nurse who has learned to obey, who can be trusted with the patient, and who will refrain from adverse criticism of him or his methods. What the patient wants, what his friends want, is some one who will take in the situation and adapt herself to conditions, who will get along without friction, who will upset the plans of the household as little as possible, who will have a kind, cheery word for everybody, even to Dinah in the kitchen; who will see to her own patient's wants and wait on herself, who will not try to organize a miniature hospital, and demand clean sheets every day; who will consider the drain on the finances of a family that sickness makes, and will, therefore, make as few demands as possible. It is the nurse who has learned to put up with the odd ways of people, to humor them, when it makes no difference, the nurse who has learned to please who is wanted.

There is a tendency, too, that needs to be watched against, for the nurse to be spoiled by the unstinted praise that is sometimes showered on her by friends, when she has helped a patient successfully through a serious illness. The gratitude of patients and friends is one of the compensations that come to nurses everywhere, and ingratitude is always to be deplored. At the same time it is well to remember that "gush" may mean short-lived

praise, that the patient who says little may often feel deep in his heart a sense of gratitude he cannot express. Further, the nurse must learn to do her duty, and to be satisfied many times with the approbation of her own conscience, to render service to the uncouth and unlovely irrespective of appreciation or material rewards, if she is to be a real force in making this world a better place to live in and to die in.

CHARLOTTE A. AIKENS.

(To be continued.)

RESPONSIBILITIES OF HOSPITAL SUPERINTENDENTS.*

The agreeable task of presenting a few observations at this inaugural meeting of the hospital superintendents of Ontario was accepted only as an opportunity of furnishing evidence of sincere sympathy with the formation of such an association in this Province.

It would seem needless to dwell upon the good work which such an association may accomplish. The duties and responsibilities of a hospital superintendent are such that probably no class of people can derive more benefit from occasionally meeting together and discussing the many and varied problems that so often arise to perplex those engaged in institutional management. Co-operation is the key-note to success, and with the right spirit infused in such an organization as the one you are to-day forming, beneficial results must follow. It is always an inspiration for those engaged in similar duties to meet together. The daily routine with its wearisome details tends to blight originality, alertness, motive and enthusiasm. Nothing is so deadly as getting into a rut. Who does not need inspiration and new ideas?

The honor of founding the first hospital is usually ascribed to Fabiola, a friend of Saint Jerome, a Christian lady of Rome in the fourth century. We read that this Roman daughter of consuls and dictators sold all her goods, dressed the wounds of the maimed and wretched, and carried the sufferers on her own shoulders. Lecky, the rationalist historian, says of this charity that, "planted by a woman's hand, it overspread the world, alleviating to the end of time the darkest anguish of humanity." But, before this, similar institutions had been begun in the East, by Basil in Cesarea, Saint Ephraem in Edessa, and by the Presbyter Brassianus in Ephesus. Speaking of Basil's work, Gregory of Nazianzus said: "We have no longer to witness the fearful and pitiable sight of men like corpses before death, with the greater part of their limbs dead, driven from cities, dwell-

*An address at the Canadian Hospital Association.

ings, from public places and from watercourses. Basil it was who, more than any other, persuaded those who are men not to scorn men nor to dishonor Christ, the head of all, by their inhumanity toward human beings." From the East the impulse and direction came which, in the picturesque language of Saint Jerome, "transplanted this twig from the terebinth of Abraham to the Austonian shore." But, whether Fabiola was the first builder of hospitals or not, her name suggests the wonderful part which woman has had in Christian charity ever since. We are told that Placilla, the wife of Theodosius, the emperor, herself the first lady of the ancient world, visited the thirty-five hospitals of Constantinople, making the beds of the poor and becoming the maid-servant of the sick-chamber. We all know the name of the angel of mercy whom the Crimean War brought to the help of the English sick and wounded, and the name of the equally worthy minister of charity whom America now honors, Clara Barton, the representative of that Red Cross Society which knows nothing of nationality, and whose standard of peace and help is now lifted by more than a score of governments over the fields of carnage and death. We have read of that later heroine of charity whom Florence Nightingale inspired, Dorothy Pattison, usually known as Sister Dora, whose hospital work and whose marvellous strength and beauty of character have inspired many women to leave the dreary dissatisfactions of a life of fashionable pleasure for the enduring rewards of a life of charity.

In the process of time a marvellous development of the hospital spirit has been made. It means more to be a hospital superintendent now than ever before. Twenty years ago the Government returns for 1886 showed that 7,035 patients had been treated during that year in the hospitals of Ontario. Ten years ago the returns indicated an increase to 17,517 as the number of patients treated in our hospitals in 1896. The increase was great during those ten years, but not nearly so remarkable as those we had to present this year. The last report shows that during the past year there were treated in the hospitals of Ontario 41,950 persons, and that the total annual expenditure for hospital maintenance, including capital account, was $1,228,289. What do those figures mean? Do they indicate an increased public confidence, so that not only the poor, but the well-to-do class seek hospital treatment? Do those figures mean that our hospitals, by able management and greater efficiency, have justified themselves so that the rich are glad to bequeath large sums for their erection and support? With the material prosperity which Canada has been enjoying it is pleasing to note the fact that civic pride and local philanthropy have gone hand in hand in the matter of hospital progress, and we have been furnished with a manifestation of a social and humanitarian movement that is surely creditable to the people of Ontario.

This growth of the hospital spirit will continue if we are able to demonstrate to the public that every dollar is used to do the most possible good. We must never forget that hospitals are established for the care of the sick poor, and in these days when so much attention is paid to making private wards luxurious there is probably too great a temptation to favor the private patients at the expense of the deserving poor in the public wards. The resources of a hospital are a public trust, and they must be guarded and used as such. Economy consistent with good management is so evident in our hospitals that it is not necessary to dilate upon a subject which has been given an attention that has resulted in our hospitals being generously and deservedly commended for prudent management.

The remarkable increase in the number of patients admitted to our hospitals must be taken as an indication that the time has passed when the public looks upon a hospital as a chamber of horrors and considers it a misfortune for any one to be admitted thereto. This pleasing change in sentiment must be largely attributed to those in charge of our institutions.

R. W. Bruce-Smith.

(*To be continued.*)

THE RELATION OF THE WORK OF HOSPITALS FOR THE INSANE TO THAT OF GENERAL HOSPITALS.

The formation of an association having in view the welfare and prosperity of the various hospitals in the community marks a new departure and a great advance in hospital administration. Not only does it mark the dawn of a new era in hospital government and usefulness, but in scientific, medical and original research, in preserving and generalizing the labors and discoveries in the vast and boundless ocean of medical life.

In looking back over the history of medicine and surgery, one cannot but be struck with the fact that the wards and amphitheatres of our hospitals were the first to witness the greatest triumphs in these wonderful fields of human labor. Not alone have they been the scenes where patient toil and brilliant achievement met their reward, but they have witnessed deeds of self-sacrificing devotion, of heroism and valor the recording angel alone has entered in his great account.

In lands beyond the sea the Maison Dieu, St. Thomas, good old Guy's, and in America the Massachusetts General, the Philadelphia and Baltimore Hospitals, are names inseparably associated with the great historical events in medicine and surgery.

To extend the field of hospital usefulness, to make more perfect the way, to illumine what is dark, to lift up and inspire, should be the duty of this association. The economics of the

hospital, in administration and in the division of labor, should receive unceasing study and attention. In large centres, where more than one hospital exists, classification should be earnestly considered, that each department or institution may, in its own field of duty, attain the highest ideal.

The relation of the work of the general hospitals to the work of hospitals for the insane may justly claim a fair share of our time and thought.

Well nigh four centuries ago the same problem confronted our forefathers. St. Bartholomew's and Bethlehem, in 1546 and 1547, respectively, were founded for the well-being of the sick and afflicted, the former for physical the latter for mental diseases. Since these far off days, the work has drifted apart, often without sympathy or co-operation. Our duty should be to reconcile, to harmonize that each may fulfil its noble mission, and bring the greatest possible good to humanity. The relation of the General Hospital to the Hospital for the Insane, may be discussed under two heads. First, in regard to administration, equipment and treatment. Second in regard to the classification of the patients, or the economic and scientific division of labor. If our hospitals for the insane are to properly discharge their duty, advantage must be taken of the latest hospital methods, procedure and treatment. I need scarcely mention that physical restraint, punishment and abuse, have long since passed away, at least in this country. Kindness on the part of the nursing staff, gentle treatment, moral encouragement, close attention to duty, constant care, and watchfulness on the part of all, are essential. Nurses are given a careful course of training, in general medicine, and in mental disease, by the hospital staff. For the past two years an additional course of lectures has been given to the nurses of Rockwood Hospital by the staff of Queen's University, Medical Department, making the training most thorough and complete.

Our nurses, before graduating, are obliged to pass a careful examination, written and oral. These examinations are conducted both by the hospital staff and the outside lecturers. The nurses of Rockwood are fully qualified to take their place with the graduates of any hospital. Every patient on admission receives a careful physical examination, with an endeavor to arrive, if possible, at the physical cause of the psychosis. The excreta are examined, blood count taken, blood pressure noted, and every indication of any abnormality carefully investigated; the line of treatment, after earnest consultation, is then determined upon.

The hygienic and dietetic wants of our patients receive careful consideration from the outset. Every accessory to medicinal treatment, as conducted in general hospitals, is fully supplied. Special treatment, as demanded by the various psychoses, is

patiently and persistently followed. The application of hydrotherapy has, for many years, played an important part in general medicine. In mental diseases it has found special favor. Last year four continuous baths were installed in Rockwood, the first in Canada, and the results have been most gratifying. Patients remain in the baths from one to eight hours, under close inspection. They are then removed from the baths, carefully rubbed with alcohol, massaged, and sent to rooms specially heated and prepared for their reception. In acute cases I cannot speak too highly of this form of treatment. We are now engaged in installing at Rockwood hot air cabinets, for this special form of treatment. It is the intention to immediately follow this by the installation of a complete electric equipment: the X-ray, the spray, the douche bath, in fact, all forms of electricity as applied to medicine. Massage, as a method of treatment, possesses great value in neurasthenic cases, hence our nurses are carefully trained in this department, and the treatment regularly invoked in suitable cases. I feel satisfied that the future will witness even more general and thorough application of this form of treatment. In connection with Rockwood Hospital, during the past year, an operating room, equipped in modern form, and with all modern essentials, has been established. It is proposed to perform therein such surgical work as the physical welfare of the patients demands. Already the departure has proved of the greatest possible value. The psychic, as well as the physical, effect on patients of timely surgery has been satisfactorily demonstrated. In the training of nurses, the management of a modern operating room, and the surgical technique demonstrated therein, are important considerations.

Until the present day the study of pathology, in connection with a hospital for the insane, has been sadly neglected, and if little advance has been made in the study of mental diseases it is mainly due to this fact. I need scarcely say, to a meeting of this character, how superficial is the medical knowledge not founded on pathological research. Hospitals for the insane are now realizing this fact. At Rockwood Hospital Dr. W. T. Connell, Pathologist of Queen's University, has taken charge of the pathological work. Upon admission to the hospital each patient is subjected to a careful clinical examination, the blood and various excreta are examined by the pathologist; all the autopsies are conducted by him, sections made of all pathological tissues, departures from the normal are carefully noted, alternate sections are furnished to the hospital, and a careful report made on each case. In this way the clinical and pathological work are identified throughout.

EDWARD RYAN.

Rockwood Hospital, Kingston.

(To be continued.)

REPORT OF CHIEF LADY SUPERINTENDENT.

The undersigned has the honor to submit the following report for 1906:

During the past year four districts have closed, Fort Francis and Buckingham building independent hospitals, Red Deer and Bracebridge withdrawing for other causes, yet with these withdrawals the number of Victorian Order nurses exceeds that of last year, also the amount of work done.

During the year ending December 31st, 1906, the nurses of the Victorian Order have cared for 10,501 patients; the district nurses making 52,325 visits, answering about 1,577 night calls, and doing 159 days and nights of continuous nursing. This is an increase of 2,461 in the number of patients nursed and of 10,922 in the number of visits made by the district nurses.

Number of inspections, 34; with view to opening branches, 4; number of Victorian Order Nurses Dec. 31st, 73; probationers, 31; making a total of 104 nurses actively employed in the work of the Order; number of nurses who have resigned, 13; number of nurses admitted to Order during year, 31; reserve list, 11; one nurse returned to Order.

During 1906 three new branches have opened—districts at Fort William and London, Ont.; a nurse has also gone to Labrador to work under Dr. Grenfell.

The nurse stationed at Fort William lives at the McKellar Memorial Hospital and gives the student nurses of that institution part of their training in district work.

During the month of October a nurse was stationed at New Liskeard to care for a number of typhoid cases; she nursed 10 cases, paying 148 visits and averaging 9 1-2 hours of duty daily.

The hospital at New Liskeard will open May 1st. It will have 35 beds, employ 4 Victorian Order nurses, and start a training school.

A nurse was also stationed at High River, Alta., for two months, nursing 19 cases in that time.

The district at Vancouver has added two nurses to its staff; the committee have rented a very comfortable cottage, which is used for a nurses' home. The districts of Winnipeg, Hamilton, Toronto, Ottawa and Montreal have also increased their nursing staff, and even with these additions are unable to cope with the work. Halifax is also talking of employing a third nurse. Owing to the continual demand for nurses the Local Association at Ottawa kindly consented to use once more the Ottawa Home as a training home for the Order; five graduate nurses are now employed there besides the District Superintendent.

The hospitals to increase their nursing staff are: Revelstoke, Kaslo, Shoal Lake, Swan River, Yorkton, North Bay and Pictou.

The hospital at Rock Bay continues its good work in connection with the Church of England and Presbyterian Mission Boats. This hospital during the last year sustained two severe losses in the deaths of Miss Jean Sutherland, its pioneer nurse, and Dr. Hutton, the surgeon on the mission boat *Columbia*. Dr. Hutton lost his life in the wreck of the *Chehalis* in Vancouver Harbor last July. Miss Sutherland was everything a nurse could be, and gave up her life in caring for the "boys" of the lumbering district surrounding Rock Bay. Their thoughtfulness during her illness was touching, five of them manning a boat and sailing 150 miles for a doctor. Two doctors are now employed by the mission boat and hospital, one being resident in the hospital.

Notwithstanding the fact that a cottage has been rented in Regina for a nurses' home, thus giving more room in the hospital, it was found necessary to build a temporary ward. 53 cases of typhoid were cared for here during an epidemic this fall.

Shoal Lake, Yorkton and North Bay will build additions to their hospitals in the spring.

North Bay also had its share of typhoid, caring for 118 cases during the year, many of these cases coming from the mining camps and lumbering district in New Ontario.

The new building of the Pictou Cottage Hospital was opened December 6th by the Lieut.-Governor of Nova Scotia. It is fully equipped and free of debt. It accommodates 12 patients and employs two Victorian Order nurses and a probationer.

Miss Georgie Heales, a graduate of the Long Island Cottage Hospital, of Brooklyn, New York, leaves February 1st for Melfort, Sask., where she will have charge of the Lady Minto Hospital, which is nearing completion. This hospital will accommodate 15 patients and employ two Victorian Order nurses.

Miss Edith Mayou, former Superintendent of the Victoria General Hospital, of London, Ont., is the volunteer and pioneer nurse for Dr. Grenfell's Hospital at Harrington in the Canadian Labrador. Writing from St. Anthony, October 14th, Miss Mayou

says: "I am now at my eighth and I hope last stopping place, on my way to Harrington. It is a most inaccessible place, no steamers call there, just trading schooners and fishing smacks from Quebec and Halifax, so that I have to depend on the *Strathcona* to take me down. We expect to take a week to reach Harrington, which is 200 miles south-west of here, for we have several places to call at and it will not be safe to steam at night, the shore is so dangerous."

A second letter, dated October 21st, Straits of Belle Isle, says: "When we got to Harrington, we found that the building was up, the carpenters having left for St. Johns, 700 miles away, the day before, but that was all. There was no equipment of any kind, neither furniture, furnishings, food, fuel or heating apparatus, so that it would have been utterly impossible to have taken in any patients. No one not on the spot can realize the immense difficulties to be contended with in building and equipping an institution situated as Harrington is, cut off from communication with the outside world."

It was finally decided that Miss Mayou should remain at St. Anthony until the opening of navigation in the spring. She says: "A winter at St. Anthony will make me much more efficient and treble my usefulness to Harrington." Besides the hospital at St. Anthony, Dr. Grenfell has an orphanage, workshop, where weaving, spinning, basket-making and carpentry are taught, a fox farm, Belgian hare run and pigeon cote. These various industries are to be introduced at Harrington.

A letter dated December 30th tells of the progress of the sewing classes, Christmas, etc. Miss Mayou's wish is to remain at Harrington four years and to make it a great centre.

The past winter has been particularly severe and trying, especially to the nurses in some of the small hospitals in the prairie villages. In Yorkton the water supply was very inadequate at a time when the hospital was filled with typhoid.

The work is proceeding well in Toronto. Montreal has had a banner year, the nurses there making 19,469 nursing visits, answering 788 night calls and supplying their poor patients with 1,297 pieces of clothing and 106 diet tickets.

There is still tremendous scope for the district or visiting nurse, as probation officer to the wards of the Juvenile Court, in homes where unsanitary conditions and physical ills exist; as sanitary inspector of the Department of Health; as school nurse to care for minor ills at the schools and follow up excluded cases, etc. In concluding, may I quote a toast given by a celebrated Chicago physician to the "Visiting Nurse":

And who is my neighbor?

And it came to pass that a mother went down from the second to the nineteenth ward and fell among microbes, and the microbes increased and multiplied, and behold they attacked the baby and the child was stripped of its nutrition and was left half dead.

And a certain physician passed that way on the same side and wrote a prescription.

And in like manner a benevolent countess was good to the child, but behold, not good with it; and left money and soon passed to the other side and gave a vaudeville performance on the Lake Shore Drive for the benefit of the South Sea Islanders.

But a certain Visiting Nurse as she journeyed came to where the child was, and behold, was not only good to the child, but good with it, and she poured soap and water over the child and put it on a bed, and the bed was clean and warm and dry, and the primary nutrition of the child waxed and grew and the secondary nutrition did likewise, and there was no more retrograde metamorphosis of tissue; and as the Visiting Nurse departed the mother of the child opened her mouth and spake in broken English, "Heaven bless you, Miss, a thousand times; if you not come, I not have my baby." MARGARET ALLEN.

A POST-GRADUATE course in District Nursing will be given in the Home of the Victorian Order of Nurses, Ottawa. Apply to Miss Allen, 578 Somerset Street, Ottawa.

THE Payzant Memorial Hospital of Windsor, N.S., was opened in October of 1906. The building fund was started by a sum of money bequeathed by Mr. Payzant to the town of the purpose of erecting a hospital. The site, which is very beautiful, was the gift of another gentleman, while the ward furnishings and linen supply were from the ladies of the town. The hospital, which is a cottage hospital, has accommodation for fifteen patients, Lady Superintendent, four nurses, and three servants. There is a well-equipped operating-room, the furnishing of which, as well as that in the wards is most up-to-date.

THE Neepawa General Hospital was formally opened for occupation on May 24th, 1905. The building externally presents an imposing appearance and is a credit to the town and the men who so generously subscribed towards the funds. It is of brick, and four stories high, and is heated by hot water, lighted by electricity and furnished with telephone and electric bells. There is accommodation for twenty patients, the wards for men being on the second floor, for women on the third. The operating-room floor is tiled, well lighted, and has all the modern fittings and appliances necessary for rapid and successful operating. Close by on the same floor is the emergency ward. Besides the general kitchen there is a diet kitchen on the second floor, where much of the cooking for the patients is done, and where the pupil nurses are taught to cook for the sick. A laundry annex has been built, since the hospital was finished, by the W. H. A. S. It is commodious and well furnished, and the rooms above it have been fitted up as a sleeping apartment for the laundress in charge.

The Guild of Saint Barnabas

"Je le pansay ; Dieu le guarit." [I tended him ; God healed him.]
—*Ambroise Paré.*

MONTREAL.—St. John Evangelist, third Tuesday, 8.15 p.m.
District Chaplain—Rev. Arthur French, 1773, Ontario Street.
District Superior—Miss Stikeman, 216, Drummond Street.
TORONTO—St. James' Cathedral Rectory, last Friday, 8 p.m.
Chaplain—Rev. Canon Edward A. Welch, St. James' Cathedral Rectory.
Local Superior—Mrs. Welch.
Secretary—Miss Maud Roger, 5 Howland Ave.

The regular monthly meeting of the Toronto Branch of the Guild of St. Barnabas, was held at St. James' Rectory on March 22nd at 3.30 p.m., instead of on March 29th, Good Friday.

There were present the Chaplain, the Superior and 6 nurses, a better attendance than usual for an afternoon meeting. Miss Barratt, a member of the Guild from England, has been at Fort Frances for some time. She is now doing private nursing in Vancouver, B.C. As there is no Guild there, she wrote hoping that a Branch could be formed, which communication was sent on to Miss Stikeman, in Montreal, District Superior. We hear with regret that Miss Wicksteed is resigning her position as Superior in Ottawa on account of removal from the city, and have not yet heard who is appointed in her place.

An invitation had been extended by Miss Brent to hold the Guild meeting in April at the Nurses' Residence of the Sick Children's Hospital, which was accepted with pleasure.

In the March number of *Misericordia* there is a very interesting account of the visit of Miss Wood, General Secretary to the Branch of the Guild in Poona, India. Poona is four hours' journey from Bombay. In the Lassoon Hospital, where the meetings are held, there are five Guild nurses working. According to Miss Wood's description, Poona is one of the most idolatrous cities in India, idol temples to be seen everywhere. It will be interesting, when the General Secretary comes to Canada, to hear how such wonderful work is done by the nurses in some of the heathen towns among such unpromising surroundings.

How easy and pleasant our lives as nurses are in Canada compared to those in India and China, and yet we often lose patience.

My Scallop-Shell of Quiet

HEAVEN'S WELCOME.

Love bade me welcome; yet my soul drew back,
Guilty of dust and sin.
But quick-eyed Love, observing me grow slack
From my first entrance in,
Drew nearer to me, sweetly questioning
If I lacked anything.

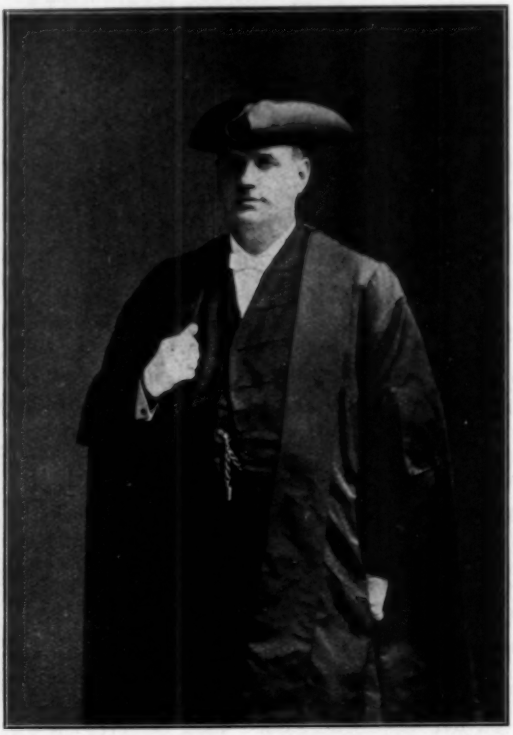
"A guest," I answered, "worthy to be here:"
Love said, "You shall be he."
"I, the unkind, ungrateful? Ah, my dear,
I cannot look on Thee."
Love took my hand, and, smiling, did reply,
"Who made the eyes but I?"

"Truth, Lord; but I have marr'd them: let my shame
Go where it doth deserve."
"And know you not," says Love, "who bore the blame?"
"My dear, then I will serve."
"You must sit down," says Love, "and taste my meat."
So I did sit and eat.

—*George Herbert.*

LIVES LIKE THE STARS.—The power of mere activity is often overrated. It is not what the best men do, but what they are, that constitutes their truest benefaction to their fellow-men. The things that men do get their chief value, after all, from the way in which they are able to show the existence of character which can comfort and help mankind. Certainly, in our own little sphere, it is not the most active people to whom we owe the most. Among the people whom we know it is not necessarily those who are busiest, not those who, meteor-like, are ever on the rush after some visible change and work.

It is the lives like the stars, which simply pour down on us the calm light of their bright and faithful being, up to which we look and out of which we gather the deepest calm and courage. It seems to me that there is reassurance here for many of us who seem to have no chance for active usefulness. We can do nothing for our fellow-men. But still it is good to know that we can be something for them; to know (and this we may know surely) that no man or woman of the humblest sort can really be strong, gentle, pure and good without the world being better for it, without somebody being helped and comforted by the very existence of that goodness.—*Phillips Brooks.*



THE LATE HON. J. W. ST. JOHN,

SPEAKER OF THE ONTARIO LEGISLATURE.

The Canadian Nurse

VOL. III. TORONTO, MAY, 1907. NO. 5

Editorial.

THE LATE HON. J. W. ST. JOHN.

"Death loves a shining mark." How true this saying, when we think of the calamity that has deprived Canada of a loyal son, Ontario of one of her best public men, the Speaker of her Legislature; Toronto of a noble citizen, his family of the kindest and best of husbands and fathers, and all of us who knew and loved him of a true and affectionate friend. From Sunday, March 24th, when he was operated on at Toronto General Hospital for appendicitis, till Sunday, April 7th, when he passed quietly away at noon (having recovered fairly well from the operation, but having gradually sunk as a result of the unfavorable turn taken by a chronic malady (diabetes), which he had suffered from for years), thousands hoped and prayed for his recovery. It was not to be. He himself hoped until almost the end that he might get better, and his physicians, as well as the three nurses who had the privilege of attending him, had great hopes of his recovery, all the more because he was so good a patient.

The nursing profession had no better friend than the late Speaker. How devoted he was to our interests just one short year ago, when "The Bill" was under discussion. Had the nurses been members of his own family, he could not have been more considerate, more thoughtful, more faithful than he was.

It is not for us to speak of the grief of his family circle, too sacred for any words of ours to touch. Towards her whose loss is greatest of all, bound to us by so many ties, all hearts are full of the deepest sympathy.

"This mortal must put on immortality."
"Mark the perfect man, and behold the upright,
For the end of that man is peace."

Requiescat in pace.

THE CANADIAN SOCIETY OF SUPERINTENDENTS OF TRAINING SCHOOLS FOR NURSES.

As announced in our April number, the formation of this society has been under way for some time, and we now take great pleasure in offering our cordial congratulations to Miss Snively and her co-workers in the successful launching of the preliminary organization of the society which is to hold its first regular meeting in Montreal during September, 1907. An account of the preliminary meeting will be found in our Official Department, and we are permitted to quote part of the address given by Miss Snively on that occasion:

"Notwithstanding the marked increase in the number of hospitals in Canada during the last few years, it has been found to be quite impossible to keep pace in this regard with the ever-increasing population of this vast country. Canada must have hospitals, she must also have nurses—trained nurses—nurses who will be able to rank with the best trained nurses in other countries; they must be fully prepared for the various fields of usefulness opening for them on every side.

"The wisdom of Solomon cannot be questioned when he reminds us that, 'Where no counsel is the people fall, but in the multitude of counsellors there is safety.'

"In other words, association with others helps to overcome that tendency in human nature to run in a groove, to become narrow and self-satisfied.

"A body of men or women meet for the purpose of discussing subjects of kindred interest, and the result is a broader sympathy, a more generous toleration for the opinions of others, and a wider outlook. Simply becoming acquainted with others engaged in the same work is in itself worth while. 'Iron sharpeneth iron, so a man sharpeneth the countenance of his friend.'"

The formation of this society is an event often hoped for and long looked forward to. It is the first national nurses' organization in Canada, and it would scarcely have been possible without our national nurses' magazine, THE CANADIAN NURSE. It is a very important event in the history of the nursing profession in Canada. Every loyal reader of THE CANADIAN NURSE will hear of its foundation with interest, will think of its future with enthusiasm, and will support its present standing by every means in her power.

THE CANADIAN HOSPITAL ASSOCIATION.

It is not often history is made as fast as it was during Easter, 1907, in Toronto. Two important associations launched within

forty-eight hours is a record, and the practical interest shown by the Ontario Government in the public institutions of the Province was never more evident than in the present instance. It is well known that the Hon. W. J. Hanna, Provincial Secretary, has on every occasion, and by every means in his power, helped by personal suggestion and request the close touch between workers that can only be secured by personal association. The hospitals of Ontario will, we are sure, benefit greatly by the new association. It was at first intended that it should be an Ontario organization, but efforts have since been made to include all Canada. Dr. J. N. E. Brown, of Toronto, has been foremost in the work of organization, and we congratulate him and his associates on the successful meeting held, and hope it may be the precursor of many more.

THE ONTARIO GRADUATE NURSES' ASSOCIATION.

However much we may love hospitals and superintendents of training-schools, of whose newly-formed associations we have just been writing with both pride and pleasure, we are sure that neither of these august bodies will think any the less of us if we boldly avow that our first love, the nurse herself, still holds a paramount place in the affections and the counsels of THE CANADIAN NURSE. The superintendent always was a nurse before she was a superintendent, and once a nurse always a nurse; and the hospital is the place where the nurse is made, and the interests of the hospital and the nurse are, or should be, identical. It is therefore with special interest that we commend to the consideration of all our readers the proceedings of one of the Graduate Nurses' Associations of Canada (c.f. Official Department). We hope soon to publish similar accounts of the annual meetings of nurses' associations in Manitoba and the other Provinces.

A NURSES' CLUB HOUSE IN TORONTO.

The nurses in Toronto are becoming more numerous each year, the additions being from outside towns, England, and the United States, as well as from local hospitals. The city hospitals have their alumnæ associations, where the graduates may meet for mutual improvement and social intercourse, but the outside nurses have no such place. Besides this, it is felt that a common meeting-ground is necessary, so that the good-fellowship which should exist among members of the profession may be furthered. This good-will has been growing rapidly during the past few years, and it is felt that the time is ripe for a Nurses' Club House

in Toronto. To make it a success the nurses should all take an interest in the project and give their united support, both by their loyal good-will and financially.

One suggestion is that a joint-stock company of nurses be formed to provide the capital necessary for buying a suitable building. The income from the nurses' rooms, committee rooms, registry office and dining-room should pay the running expenses, repairs and dividends on the stock. There are several desirable places which may be got at a reasonable price. The question is, "Will the nurses co-operate in this venture, which will be under their own management?"

The Club House would centralize all nursing interests and be the headquarters for the nurses of Ontario. Nurses from outside when coming to Toronto may find a home there, or if there is not sufficient room, convenient rooms could be obtained near by, and they could make the Club House their headquarters. Such a home for the nursing profession is greatly needed in Toronto. No one who reads the present number of THE CANADIAN NURSE but will feel it. How many old friends we missed on Easter Saturday and Easter Monday, and how many new friends we lost the chance to meet because there was no "fireside" of our own where *all* would be welcome and where all could "foregather." Success to the Club House!

THE INTERNATIONAL NURSING CONFERENCE, PARIS.

We have pleasure in presenting to our readers the Official Draft Programme of the Conference. Fortunate will be the nurse who goes to Paris—Paris the lovely, the gay, the hospitable, the polite. Social events, receptions, sight-seeing, are arranged also for every day, and we would draw special attention to the powerful aid and interest that M. Mesureur is lending to the Conference. Canadian nurses will be cordially welcomed. Therefore, dear reader—Go!

We had almost forgotten to say that by some mistake the name of THE CANADIAN NURSE is omitted on June 20th. Our history is written, and will be there, and will be read, D.V., by our representative, Miss Crosby.

DRAFT PROGRAMME OF INTERNATIONAL NURSING CONFERENCE.

The Conference will be held in the Great Hall, Musée Social (this hall has been generously placed at the disposal of the International Council of Nurses free of cost by the Council of the Musée Social), 5 Rue Las-Cases, Paris, June 18th, 19th and 20th, 1907.

TUESDAY, JUNE 18TH.—MORNING SESSION, 9.30 TO 12 O'CLOCK.

President of Session and Introductory Speaker—Mons. Mesureur, Directeur de l'Administration Général de l'Assistance Publique.

The Modern Nursing Movement in France.

"The Work of the Assistance Publique for Nursing Education," Mons. Mesureur.

"The Laicisation of the Paris Hospitals," Dr. Bourneville.

"The Association for the Development of Assistance to the Sick, and the Nursing School in the Rue Amyot," Mme. Alphen Salvador, Founder and President.

"The Home School for Private Nurses at Paris," Mlle. L. Chaptal.

"The Early Teaching of Nurses at the Salpêtrière Hospital, Paris." Mme. P. Gillot, late Directrice of Schools at the Salpêtrière.

"The Organization of Hospitals in the Provinces," Dr. Lande, Member of the Conseil Supérieur de l'Assistance Publique, and Administrator of Civil Hospitals at Bordeaux.

"The Training Schools for Nurses at Bordeaux," Dr. Anna Hamilton, Directrice of the Maison de Santé Protestante and of the School for Nurses at Bordeaux.

"What Remains to be Done," Dr. Rist.

Discussion.

AFTERNOON SESSION, 2-4 P.M.

President of Session—Mrs. Bedford Fenwick, Founder of the International Council of Nurses.

The Practical Training of Nurses.

"A Hospital Preparatory Course of Instruction for Nurses," Miss M. Adelaide Nutting, Superintendent, Training School for Nurses, Johns Hopkins Hospital, Baltimore, U.S.A., Professor, Columbia University, New York.

"A Central School Preparatory Course for Nurses," Miss M. Huxley, late Matron, Sir Patrick Dun's Hospital, Dublin.

"The Training of the Nurse in the Wards, and the Position and Duties of the Matron," Miss Isla Stewart, Matron and Superintendent of Nursing, St. Bartholomew's Hospital, London; President of the Matrons' Council of Great Britain and Ireland.

"The Progress of Nursing Education in Germany," Fraulein Karll, President of the German Nurses' Association.

"The Status of Nursing in Holland," Miss Van Landschot-Hubrecht, Dutch Nurses' Association.

"Nursing Efforts in Italy," Miss Amy Turton and Miss Baxter.

"The Uniform Curriculum and Special Examination for Matrons in Australasia," Miss S. B. McGahey, President, The International Council of Nurses.

"The Hospital Economics Course, a Special Course for Matrons at Columbia College, New York, U.S.A.," Miss L. L. Dock, Hon. Sec., International Council of Nurses.

Discussion. Opened by Miss Mollett, Matron, Royal South Hants Hospital.

WEDNESDAY, JUNE 19TH.—MORNING SESSION, 9.30 TO 12 O'CLOCK.

President of Session—Mme. Alphen Salvador.

The Public and Social Responsibilities of the Nurse.

"The Scope of the Maternity Nurse," Miss M. Breay, Hon. Sec., Matrons' Council.

"Maternal Aid," Dr. Dubrisay.

"Assistance to the Wives and Infants of Working Men," Mlle. L. Chaptal.

"Germany's War on Infantile Death," Fraülein Erna Weydemann, Sister, Dusseldorf Hospital, Germany.

"The Part of the Trained Nurse in the Campaign against Tuberculosis," Miss M. L. Johnson, Superintendent of Nurses, Visiting Nurses' Association, Cleveland, U.S.A.

"The Nurse in the Public Schools," Miss Rogers, Chief of the Staff of Public School Nurses, New York Board of Health, and Miss H. L. Pearse, Superintendent of School Nurses under the London County Council.

Discussion. Opened by Miss Ella Wortabet.

AFTERNOON SESSION, 2-4 P.M.

President of Session—Miss M. Adelaide Nutting, Professor, Columbia University, New York.

"The Nursing of the Poor in Their Own Homes," Miss Amy Hughes, General Superintendent, Queen Victoria's Jubilee Institute for Nurses, England, and Miss Fulmer, Superintendent Visiting Nurses' Association, Chicago, U.S.A.

"The Nurses' Settlement, New York," Miss Lilian D. Wald, Founder.

"Private Duty Nursing," Miss E. M. Roberts, late Lady Superintendent, the Nurses' Co-operation, London.

Discussion. Opened by the Lady Hermione Blackwood, President, Ulster Branch, Irish Nurses' Association.

(*To be continued.*)

Editorial Notes.

CANADA.

The Canadian Nurses Association.—We sincerely congratulate the Association on its Act for Incorporation. May it be the first-fruits of a harvest of wise laws for the common good in relation to the nursing profession!

The New Book.—The publication of a book by the T.S.C.H. Alumnæ is an important event, inasmuch as it is the first book published in Canada by nurses, with the exception of Mrs Carr's good story. We wish it success. Our readers will find it fully described elsewhere in this issue.

The Canadian Nurse.—"The success of our dear friend THE CANADIAN NURSE, up to the present time has been phenomenal. In consequence of such success it has become still more ambitious, and in January made its first appearance as a monthly magazine. We are glad to note that it is receiving hearty support from the nurses in all parts of Canada. Congratulations to the editor, Miss Helen MacMurchy, and to her associates!"—*The Canadian Practitioner and Review*, February, 1907.

UNITED STATES

Affiliation.—The Norfolk Hospital for the Insane in Nebraska and the Clarkson Hospital at Omaha have arranged for affiliation. This is a good plan, and one that has been proposed more than once in Ontario.

Miss Drown's Semi-Jubilee—Miss Drown has been Superintendent of the Boston City Hospital for twenty-five years, an event which was recently celebrated by her friends, who gave a reception in her honor, at which a presentation was made to her. Miss Drown has many friends in Canada, who will join with THE CANADIAN NURSE in hearty congratulations.

ENGLAND.

Nurse Sarah Cross was presented with an illuminated address recently at the Middlesex Hospital by the Governors, referring to her heroism at Jamaica, and saying that, "Her fortitude and noble devotion signally redound to the honor of the nursing profession and of British womanhood.

The International Red Cross Conference.—Under the Presidency of Lord Roberts, and at the usual interval of five years, the eighth International Red Cross Conference will take place in London on June 10-14, 1907.

Royalty at the Hospitals during Lent.—The Prince and Princess of Wales paid an informal visit to Guy's early in Lent. Her Majesty the Queen paid a surprise visit to the Jubilee In-

stitute for Nurses on Victoria Street, to which, as will be remembered, she gave some time ago the queenly gift of £1,000. Her Majesty, with all her wonted gracious kindness, visited all the rooms and greeted some twenty or thirty London superintendents who had been hurriedly summoned to receive her. Another visit which will long be remembered was that paid by Her Majesty the Queen and her sister, Empress Marie of Russia, to the London Hospital, of which Her Majesty is the President. The royal ladies visited the Nurses' Home, where they found a Danish sister, with whom they conversed in their native tongue; the cookery room, where they tasted several dishes, and the Queen pointed out to her sister a milk jelly, which was the first thing the King was allowed to eat when he began to recover from the operation in 1902; the children's ward, and other wards, speaking to every single patient in every ward they entered. The visit occupied three hours and was so long that it was necessary for lunch to be served. The Queen requested all who had accompanied her through the hospital to join her at luncheon, and dispensed with the services of the royal footmen, thus giving the sisters the privilege of waiting on her. Altogether, the infinite tact and courtesy and kindness of the Queen won all hearts, the while she evinced rare powers of observation and a thoroughness and capacity that any other hospital president might envy. Luncheon was a very happy occasion, Her Majesty showing her love of fun by unexpectedly rallying one of the sisters. It may well be supposed that every one who could make any excuse to be at the London was there on this red-letter day, March 9th. The night nurses stayed up, the out-patients forgot their "days" by hundreds, the students were all there. It is said that when Prince of Wales the King was once heard to say that when the Princess once got into a hospital ward there was no getting her out again. Every doctor and nurse in the Empire will sympathize with Her Majesty in feeling the attraction of a hospital ward.

SCOTLAND.

Scotland.—Miss Guthrie Wright, who was such a friend of the Queen's Nurses in Scotland, and whose death was mourned by all, from the Queen down to the poorest Scotchwoman, has left her estate of some thousands of pounds to the nurses, to be used for their benefit, both in sickness and health, as well as in old age.

Cerebro-Spinal Meningitis.—A serious epidemic of cebro-spinal-meningitis exists at present in Great Britian. In Glasgow it began mysteriously in the end of 1906, and in January, 1907, 162 further cases were certified. Dr. Chalmers, one of the greatest medical health officers in the world, has introduced the policy of compulsory notification of the disease. Dr. Osler, in a recent address, spoke of the comfort given to the patient by hot baths.

FRANCE.

The Paris Conference.—It is hoped that a good number of Canadian nurses will be present at the Paris Conference on June 18th, 19th and 20th. Miss Crosby (T. G. H.) is already across the water, and will no doubt stay for the conference. Miss Eastwood (V. O. N.) goes early in May.

Over-work.—Miss Knott and Miss Sanderson, the matron and Assistant Matron of the British Lying-in Hospital, have resigned on account of being scandalously overworked. It is hoped the matter will be investigated. There are many superintendents who are greatly, and even cruelly, overworked, and we are glad that these ladies have thus brought the matter to the attention of all. They have unselfishly acted for the common weal.

NEW ZEALAND.

New Zealand.—Nurses cannot be regi-tered in New Zealand *unless they have had a three years' course of training at one hospital.* Mrs. Grace Neill, the Assistant Inspector-General of Hospitals, has just resigned, after having done excellent work. She was largely instrumental in securing "The Nurses' Registration Act."

SOUTH AFRICA.

Queen Victoria's Portrait.—The Prince of Wales has presented a portrait of the late Queen Victoria to the Nurses' Home, New Somerset Hospital, Cape Town, built in memory of Her Majesty.

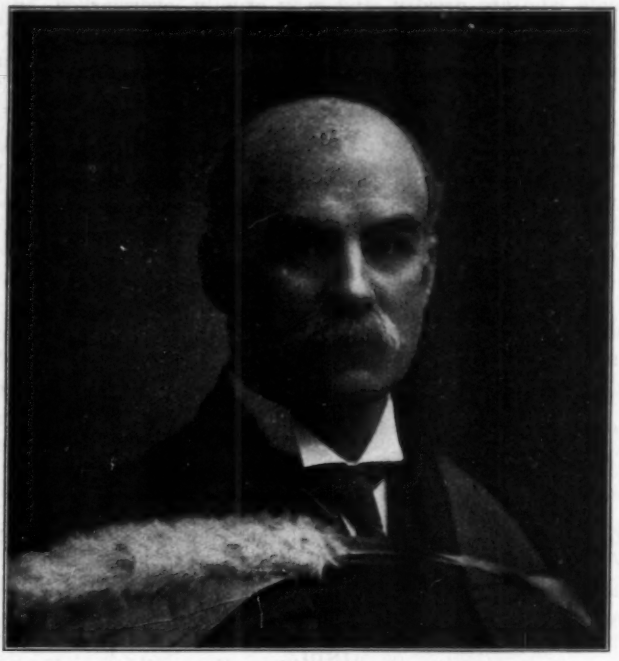
Lord Roberts' Gratitude.—Lord Roberts said lately that "his knowledge of the worth of nurses in South Africa was enough to fill him with gratitude."

HOLLAND.

Holland.—The news of the terrible tragedy of the wreck of the *Berlin* off the Hook of Holland caused hospital nurses to be at once despatched from Rotterdam. They were able to do much to succor the survivors and to perform the last offices for the dead.

INDIA.

India.—We are indebted to Miss Hart (T.G.H.), Superintendent of Nurses in the Mary Taber Schell Memorial Hospital in Vellore, India, for a handsome illustrated report of the hospital for 1906. The hospital, the dispensary, the nursing department, and the evangelistic work are all fully reported, and every page is full of fresh interest and religious aspiration. The hospital has had great encouragements in the past year, and has had the honor of a visit from H. E. the Governor of Madras, Sir Arthur Lawley.



THE LATE PROF. G. A. PETERS,

M.B. (TOR.), F.R.C.S. (ENG.)

Official Department.

THE CANADIAN NURSE has the honor of publishing official information from

Queen Alexandra's Imperial Military Nursing Service.

The Canadian Permanent Army Medical Service (Nursing Branch).

The Canadian Society of Superintendents of Training Schools for Nurses.

The Association of Hospital Superintendents of Canada.

The Canadian Nurses' Association.

The Manitoba Association of Graduate Nurses.

The Graduate Nurses' Association of Ontario.

The Victorian Order of Nurses.

The Guild of St. Barnabas for Nurses.

The Collingwood General and Marine Hospital Alumnæ Association.

The Edmonton Graduate Nurses' Association.

The Fergus Royal Alexandra Hospital Alumnæ Association.

The Galt General Hospital Alumnæ Association.

The Guelph General Hospital Alumnæ Association.

The London Victoria Hospital Alumnæ Association.

The Kingston General Hospital Alumnæ Association.

The Montreal General Hospital Alumnæ Association.

The Montreal Royal Victoria Hospital Alumnæ Association.

The Ottawa Lady Stanley Institute Alumnæ Association.

The St. Catharines General and Marine Hospital Alumnæ Association.

The Toronto Central Registry of Nurses.

The Toronto General Hospital Alumnæ Association.

The Toronto Grace Hospital Alumnæ Association.

The Toronto Hospital for Sick Children Alumnæ Association.

The Toronto Riverdale Isolation Hospital Alumnæ Association.

The Toronto St. Michael's Hospital Alumnæ Association.

The Toronto Western Hospital Alumnæ Association.

The Winnipeg General Hospital Alumnæ Association.

The Vancouver Graduate Nurses' Association.

TORONTO GENERAL HOSPITAL ALUMNÆ ASSOCIATION.

Officers, 1906-7: Hon. President, Miss Snively; President, Miss Lucy Bowerman, 349 Sherbourne St.; 1st Vice-President, Miss Clara Brown, T.G.H.; 2nd Vice-President, Miss Jessie Robson, 103 Gerrard St. E.; Recording Secretary, Miss Alice Stewart, T.G.H.; Corresponding Secretary, Miss A. M. Stirling, 103 Gerrard St. E.; Treasurer, Miss Mareb Allan, T.G.H.; Directors: Miss E. Field, 505 Sherbourne St., Miss Julia

Stewart, 12 Selby St., Miss Annie Lennox, 11 Humberside Ave., Toronto Junction.

Conveners of Standing Committees: Sick Visiting, Miss H. Fralick; Legislation, Miss A. Lennox; Programme, Miss B. Crosby; Social, Miss Florence Davis, 179 College St.; Look-out, Miss Elizabeth Stewart, General Hospital; Representatives of the Central Registry Board, Miss Burkholder and Miss A. Boyd.

THE ALUMNÆ ASSOCIATION OF THE HOSPITAL FOR SICK CHILDREN TRAINING SCHOOL FOR NURSES, TORONTO.

Officers, 1906-7: Hon. President, Miss Brent; President, Miss J. Hamilton, 505 Sherbourne St.; 1st Vice-President, Miss G. Gowans; 2nd Vice-President, Miss J. Richardson; Secretary, Miss E. Jamieson, 105 Macpherson Ave.; Treasurer, Miss M. Hill, 105 Roxborough St.; Directors: Miss M. Gray, Miss C. Leman, Miss M. F. Blythe.

Conveners of Committees: Arrangement and Publication, Miss Goodall, 668 Euclid Ave.; Sick Visiting, Miss Annie McGarvey, 7 Rose Ave. Meetings are held on the second Thursday of the month at 3 p.m., in the Nurses' Residence.

QUEEN ALEXANDRA'S IMPERIAL MILITARY NURSING SERVICE.

A correspondent requests information as to whether Canadian nurses are eligible for this service. We are informed that they are eligible, but a personal application is required to Miss C. H. Keer, Matron-in-Chief, at the War Office, London, Eng., and there are also certain conditions as to training and examinations, which may be obtained on application to her.

The following ladies have received appointments as Staff Nurses: Miss R. Beamish, Miss C. E. A. Harries, Miss A. Willes, Miss A. P. Wilson.

Postings and Transfers.

Sisters.—Miss K. Coxon, to M. Hp., Portsmouth, from Cambridge Hp., Aldershot; Miss M. A. Cachemaille, to Cambridge Hp., Aldershot, from M. Hp., Portsmouth; Miss N. Blew, to Cambridge Hp., Aldershot, from M. Hp., Portsmouth.

Staff Nurses.—Miss B. M. Nye, to R. M. Hp., Woolwich, instead of R. V. Hp., Netley, on appointment; Miss C. Watson, to R. H. Hp., Woolwich, on appointment; Miss M. H. Smyth, to

the Q. A. M. Hp., London, on appointment; Miss E. McGrath, to the Q. A. M. Hp., London, on appointment; Miss R. Beamish, to Cambridge Hp., Aldershot, on appointment; Miss A. P. Wilson to R. I., Dublin, on appointment; Miss C. E. A. Harries, to Connaught Hp., Aldershot, on appointment; Miss V. C. Paschali, to the Q. A. M. Hp., London, from M. Hp., Chatham.

APPOINTMENTS CONFIRMED.

Staff Nurses.—Miss V. L. Batteson, Miss A. M. Clapp, Miss M. H. Congleton, Miss A. R. Sibbald, Miss H. Winzer.

ARRIVALS.

Sisters.—Miss B. S. Vaughan and Miss C. K. E. Steel, from South Africa.

C. H. KEER,
Matron-in-Chief, Q.A.I.M.N.S.

THE CANADIAN PERMANENT ARMY SERVICE NURSING DEPARTMENT.

The same correspondent requests information as to applications for this service. We are officially informed that there are no vacancies at present in this service, but there are vacancies in the corresponding branch of the Militia Service. Application should be made to the Principal Medical Officer of the District, as follows:

No. 1 District, London, Lieut.-Col. Belton; No. 2 District, Toronto, Lieut.-Col. Fotheringham; No. 3 District, Kingston, Lieut.-Col. Duff; No. 4 District, Ottawa, Lieut.-Col. Gorrell; No. 5 District, Montreal, Lieut.-Col. Birkett; No. 6 District, Montreal, Lieut.-Col. Worthington; No. 7 District, Quebec, Lieut.-Col. Parke; No. 8 District, St. John, N.B., Lieut.-Col. March; No. 9 District, Halifax, Major Dunn; No. 10 District, Winnipeg, Major Devine; No. 11 District, Victoria, Lieut.-Col. Grant; No. 12 District, Charlottetown, P.E.I., Lieut.-Col. Johnson.

THE CANADIAN HOSPITAL ASSOCIATION.

The inaugural meeting of this Association was held in the Parliament Buildings, Toronto, on the afternoon of Monday, April 1st, and was largely attended, the following, among others, being present: The Hon. W. J. Hanna, the Hon. J. J. Foy, the Hon. Adam Beck, Dr. R. W. Bruce-Smith, Mr. S. A. Armstrong, Dr. Renwick Ross, of Buffalo; Miss Banks, Fort William; Miss

MacDuffie, Thessalon; Miss Park, North Bay; Dr. Drennan, St. Thomas; Miss Morton, Collingwood; Miss Duncan, Owen Sound; Miss O'Neill, of Guelph; Miss Hollingworth, St. Catharines; Miss Griffiths, Goderich; Miss Millen, Lindsay; Miss Chesley, Ottawa; Miss Robinson, Galt; Miss Green, Belleville; Miss Kennedy, Chatham; Miss Griffiths, London; Miss Tolmie, Brantford; Dr. Gordon, Gravenhurst; Mr. Heard, London; Dr. Robertson, Ottawa; Dr. Ryan and Dr. McIntyre, Kingston; Mr. Webster, Montreal (R. V. H.); Dr. Hickey, Cobourg; Dr. Foster, Mimico; Dr. Spohn, Penetang; Dr. Williams, Woodstock; Dr. Beaton, Orillia; Dr. Russell, Hamilton; and Miss Snively, Miss Brent, Miss Smedley, Miss Mathieson, Miss Gray, Miss Patton, Dr. J. N. E. Brown, Dr. Clarke, Dr. Meyers, of Toronto.

Dr. McIntyre, of Kingston, was called to the chair, Dr. Brown was elected Secretary, *pro tem.*, and the formal resolution organizing the Association was passed, after which the Association had the pleasure of listening to addresses by Dr. Ross, of Buffalo, President of the American Hospital Association., Dr. Bruce-Smith, Dr. Ryan, and Dr. O'Reilly.

A committee was then appointed to report on the Constitution and By-laws and to nominate officers for 1907-8. Their report, which was adopted, was as follows: President, Miss Brent, Toronto; 1st Vice-Pres., Dr. C. K. Clarke; 2nd Vice-Pres., Dr. McIntyre; 3rd Vice-Pres., Mr. Kenny, Halifax; 4th Vice-Pres., Mr. Webster; 5th Vice-Pres., Mr. A. L. Cosgrove, Winnipeg; Secretary, Dr. J. N. E. Brown, Toronto General Hospital; Treasurer, Miss Patton, Grace Hospital, Toronto.

The chief articles of the Constitution are as follows:

I.

The name of this Association shall be "The Association of Hospital Superintendents of Canada."

II.

The object of this Association shall be the meeting together at stated times of those in immediate charge of hospitals for the interchange of ideas, comparing and contrasting methods of management, the discussion of hospital economics, the inspection of hospitals, suggestions of better plans of operating them, and such other matters as may affect the general interests of the membership.

III. Membership.

Section 1. The membership of this Association shall be active and honorary.

Section 2. Active members shall be those who are at the time of their election the executive heads of hospitals and assistants, without reference to sex, title or denomination.

Section 3. All applications for membership shall be in writ-

ing, and addressed to the Secretary, and shall be endorsed by one or more members of the Association. They shall be referred by the Secretary to the Committee on Membership for examination and report. The candidate shall be notified of the result. If elected, he shall become a member of the Association on payment of an initiation fee of $1.00, which shall also cover his first dues.

Section 4. Any ex-member of the Association, or any one whose services in the judgment of the Association may entitle him to special recognition, may be eligible for election as Honorary Member.

Honorary Members shall be elected at the annual meeting. Their names must be sent in to the Secretary, who will notify every member of their proposition at least one week before the annual meeting, stating reasons why it is proposed to confer the honor.

Section 5. Honorary Members shall have all the privileges of active members, except voting. They shall be exempt from the payment of dues.

It was decided to hold the next meeting in Toronto, and also to extend a cordial invitation to the American Hospital Association to meet in Toronto in 1908.

The superintendents of the Toronto hospitals then entertained the guests and members out of town at a dinner, which was greatly enjoyed by all present.

THE CANADIAN SOCIETY OF SUPERINTENDENTS OF TRAINING SCHOOLS FOR NURSES.

This society was organized at "The Residence," Hospital for Sick Children, Toronto, on March 30th, 1907, Miss Snively, Chairman, and Miss Brent, Secretary, *pro tem.*

Miss Snively gave an address stating reasons for the formation of this society and a brief history of the steps taken towards its organization.

The following officers were then elected for the preliminary organization: President, Miss Snively, General Hospital, Toronto; 1st Vice-Pres., Miss Livingstone, Montreal; 2nd Vice-Pres., Miss MacFarlane, Vancouver; Secretary, Miss Brent, Sick Children's Hospital, Toronto; Treasurer, Miss Meiklejohn, Lady Stanley Hospital, Ottawa. Council: Miss Macdonald, Victoria Hospital, Halifax; Miss Wilson, General Hospital, Winnipeg; Miss McIsaac, General Hospital, Edmonton; Miss Molony, Jeffrey Hale Hospital, Quebec; Miss Patton, Grace Hospital, Toronto; Miss Sharpe, Woodstock; Miss Stanley, Victoria Hospital, London; Miss Green, General Hospital, Belleville; Miss

Scott, General Hospital, Kingston; Miss Chesley, St. Luke's Hospital, Ottawa.

The following Constitution was adopted in order to complete the preliminary organization:

Name.—This organization shall be known as the "Canadian Society of Superintendents of Training Schools for Nurses."

Object.—The object of this Association shall be to consider all questions relating to nursing education; to aid in all measures for public good by co-operation with other educational bodies, philanthropic and social; to promote by meetings, papers, discussions, cordial and professional relations and fellowship, and in all ways to develop and maintain the highest ideals in the nursing profession.

Members.—There shall be three classes of members: 1. Active; 2. Associate; 3. Honorary.

Classes of Members.—Active members of the Society shall be graduates of training schools connected with general hospitals, giving not less than a two years' course of training, in the wards of the hospital, or whose experience gained by post-graduate or other additional school work might justly be considered its equivalent. This will be understood to include members of the preliminary organization, who hold these qualifications, all present superintendents of schools of nursing and superintendents of special educational departments of nursing.

Associate members, if qualified as heretofore specified, and acceptable to the Association, shall include all assistant superintendents, school instructors and heads of special departments. They shall be eligible for such membership during the time they are holding such appointments.

Honorary members shall be those of whom the Association wishes to signify its appreciation and hold in grateful remembrance for signal service to the profession or to humanity.

Officers.—The officers of the Society shall consist of a president, first vice-president, second vice-president, secretary, treasurer, two auditors, and six other members of the body to be called councillors. All of these officers shall constitute a body which shall be known as the council.

Meetings.—Meetings shall be held once a year, the first regular meeting to be held in Montreal, P.Q., Wednesday, Sept. 11th, 1907.

Executive Committee.—There shall be an Executive Committee composed of the officers of the Society and two other members, whose duty shall be to prepare the Constitution and By-laws, and report at the first regular meeting.

Dues.—The membership fee for the preliminary organization shall be $1.00.

The following ladies have signified their desire to become

charter members of the Canadian Society of Superintendents of Training Schools for Nurses, and were enrolled as members:

Lady Superintendents: E. Stanley, V. H., London; F. Henderson, R. V., Montreal; A. Macfarlane, G. H., Vancouver, B.C.; M. MacIsaac, G. H., Edmonton, Alta.; C. M. Bowman, G. H., Portage la Prairie, Man.; Augusta Blakely, V. H., Yorkton, Sask.; Georgie M. Molony, J. H. H., Quebec; Rahno Aitken, W. H., Montreal; Nora E. Livingstone, G. H., Montreal; Jessie Duncan, G. H., Owen Sound; A. J. Scott, G. H., Kingston; M. J .Morton, G. H., Collingwood; M. L. Meiklejohn, L. S. I., Ottawa; C. H. Green, G. H., Belleville; N. M. Miller, R. M. H., Lindsay; Frances Sharpe, G. H., Woodstock; E. B. Clarke, G. H., Sarnia; Gertrude Sheilds, V. H., Almonte; Elizabeth MacWilliams, G. H., Fergus; H. G. Tolmie, J. S. H., Brantford; L. J. Sheppard, B.-W. H., Berlin; H. Hollingworth, G. & M. H., St. Catharines; Annie A. Chesly, St. L. H., Ottawa; W. M. Brereton, G. H., Dauphin, Man.; M. R. Macdonald, V. G. H., Halifax, N.S.; Christina Banks, M. H., Fort William; R. J. Kirk, V. P. H., Fredericton, N.B.; M. A. Snively, L. Brent, K. Matheson, A. Smedley, E. M. Patton and Miss Sawers, Toronto; Miss Chilman, Stratford; Miss Robinson, Galt.

Associates: F. M. Shaw, G. H., Montreal; A. Stewart, M. Cringle, E. Thorpe, A. Hartley, M. Allen, C. Brown, and M. Kerr, Toronto General Hospital.

THE GRADUATE NURSES' ASSOCIATION OF ONTARIO ANNUAL MEETING.

The fourth annual meeting of the Graduate Nurses' Association of Ontario was held in Court Room No. 1, Temple Building, Toronto, on Saturday, March 30th, 1907, at 2 p.m.

Miss Eastwood, President, occupied the chair, and opened the meeting with prayer, followed by the roll call.

The Minutes of the last annual meeting were read by the Secretary, Miss Matheson, and adopted.

The Treasurer reported as follows:

Balance on hand	41.81
Fees received	172.00
Unpaid fees	48.00
Expenditure	164.83
Cash on hand	49.17

The new members, 27 in all, were received into the association.

Miss Patton read her report of the Legislation Committee. (See THE CANADIAN NURSE, June, 1906.)

The President explained that they had taken a new departure this year in connection with voting, and did so knowing it was contrary to the letter, but not to the spirit, of the Constitution, in order to shorten the business proceedings.

The action of the Executive Committee was sustained, and the following officers unanimously elected: President, Miss Brent, Toronto; First Vice-President, Miss Lawler, Toronto; Second Vice-President, Miss Robinson, Galt; Recording Secretary, Miss Mathieson, Toronto; Corresponding Secretary, Miss J. Stewart, Toronto; Treasurer, Miss Hamilton, Toronto. Advisory Board—Miss Eastwood, Mrs. Paffard, Miss Barwick, Mrs. Yorke, Miss Mary Gray, Miss Graves, and Miss De Vellin, Toronto; Miss Chilman, Stratford; Miss Hollingworth, St. Catharines; Miss Sheppard, Berlin; Miss Sharpe, Woodstock; Miss Green, Belleville; Mrs. Tilley, Kingston.

The following amendments to the Constitution were carried:

Article III., Clause 1. That the words "of any size" be changed to "in good standing."

Article III., Clause 2. That a committee be formed for considering applications, and that the application forms read: "Signed by the Superintendent of her training school and two members of the Ontario Graduate Nurses' Association."

Article V., Clause 2. "The Executive Committee of the Ontario Graduate Nurses' Association shall have power to call special meetings, provided ten days' notice be given to each member."

Article V., Clause E. "That a Reception Committee be formed; this committee to make all necessary arrangements in connection with all meetings of the Ontario Graduate Nurses' Association." (Committee for 1907-08: Mrs. Greer and Misses Morrison, Woodland and Standen.)

The following committee was appointed to consider the question of reaching and interesting all the nurses of Ontario in the work of the O. G. N A.: Misses Julia Stewart, Robinson, Brent, Standen, Mitchell and Barnard.

Dr. Harley Smith then gave an address on "Recent Advances in Medicine." This instructive paper was listened to with deep interest, and at the conclusion Miss Johnson, Galt, seconded by Miss Morton, Collingwood, moved a very hearty vote of thanks. Carried.

Miss Robinson moved, seconded by Miss Chesley, "That Article X. be numbered XI."

The President read the last clause, viz.: "In order to facilitate business in future, the ballots will be recorded before the annual meeting. The conveners of the various committees to be chosen from the Executive. Each convener will be given the power to select her own committee," and remarked that this had been

done at this meeting, and asked if it would be satisfactory in the future.

Miss Boyd moved that the voting in the future should be conducted on the same plan as to-day, which is the same as is used in the University. Seconded by Miss Muir. Carried unanimously.

Miscellaneous business called forth an interesting paper read by Miss Stewart, on the history of THE CANADIAN NURSE. This was well received.

The President, Miss Eastwood, thought two representatives from the association should be appointed on the editorial staff of THE CANADIAN NURSE. Miss Eastwood and Miss Beam were appointed.

Mrs. Paffard moved a very hearty vote of thanks to the retiring President, Miss Eastwood, for the sympathy she has shown and the time and effort given to the furtherance of the association. Carried unanimously.

The President thanked the members heartily, and hoped the officers would be as loyal to the new President as they had been to her.

On being called to the platform, the new President thanked the members of the association for the honor conferred upon her. She modestly referred to herself as a novice, and felt that without the assistance of her able officers, the work of the year would be a failure. This year a great deal had certainly been accomplished, and she hoped the coming year would be as successful as the past.

The following conveners of committees were appointed at a meeting of the Executive on April 10th: Press and Publication, Miss Mary Gray; Legislation, Mrs. Paffard; Revision of Constitution, Miss Lawler.

PRIVATE BILL.

AN ACT TO INCORPORATE THE CANADIAN NURSES ASSOCIATION.

3rd Session, 11th Legislature, Quebec, 7 Edward VII., 1907.

Whereas the persons hereinafter mentioned have, by their petition represented:

That an association has existed for some years past in the city of Montreal under the name of "The Canadian Nurses Association," the objects of which are the mutual instruction and improvement, and the graduate professional instruction of trained nurses, the establishment of a sick benefit fund, to make some provision for nurses in case of sickness or death, the regulation of the fees to be charged by members for services and other analogous objects;

That the said association is composed of the persons herein-

after named and others and that the incorporation of the said association would greatly increase and secure the advantages resulting therefrom;

Whereas the persons hereinafter named have, by their petition, prayed that they and their successors may be incorporated in conformity with the regulations and provisions hereinafter mentioned;

Therefore, His Majesty, with the advice and consent of the Legislative Council and of the Legislative Assembly of Quebec, enacts as follows:

1. The Misses Florence Henderson, Marie Antoinette Morin, Elizabeth Baikie, Catherine Parmentier, Henrietta Dunlop, Emma Dalpe, Emily Cooper, Helen DesBrisay, Lilly Phillips, Marie Antoinette Lamoureux, Helen Hill, Annie Colquhoun, Georgina Colley, Cecile Howie, Estelle Weil-Brenner, all of the city of Montreal, who shall be the first directors of the association, and such other members as now are or shall, under the provisions of this Act and the by-laws of the said association, be or become members thereof, shall be and they are hereby constituted a corporation under the name of "The Canadian Nurses Association."

2. The head office of the association shall be in the city of Montreal.

3. The by-laws, rules and regulations of the said association in force at the time of the passing of this Act, shall be, and continue to be, the by-laws, rules and regulations of the said corporation, until the same are altered by the directors of the said corporation; and the officers of the said association, at the time of the passing of this Act, and each of them, shall continue to fulfil their respective duties as officers of the said corporation, and to manage and conduct the affairs thereof, until others shall be appointed in their stead, under the said by-laws, rules and regulations.

4. The said association may assume, hold and possess real estate to an amount not exceeding in annual value the sum of ten thousand dollars, and may alienate, hypothecate or dispose of the same.

5. This Act shall come into force on the day of its sanction.

On Tuesday, February 1st, Miss Morton, Superintendent of the General and Marine Hospital, Collingwood, gave a tea to enable all the graduate nurses who could be present to meet Mrs. Munroe (nee Bell), class of 1903, who, with her husband, is down from Winnipeg for the winter months. Mrs. Munroe was delighted to once more meet with her old companions in training, and to make the acquaintance of the newly-fledged graduates.

The Contributors' Club.

One of our correspondents speaks of reading the Nurse's Library eagerly every month to find new books for her hospital library. Miss Brent, at our request, has kindly contributed to this department the following catalogue. This library, like everything else in the Maria Robertson Residence, was provided by the generosity of Mr. John Ross Robertson:

Rules of the Library.

1. The Medical Library is open daily from 8 a.m. until 10 p.m.
2. No book is allowed to be removed from this room.
3. Every reader, who has not finished reading her book, must return it to the shelf in the book case reserved for books which are in actual use by readers.
4. This room is solely for study purposes.
5. Absolute silence must be maintained.
6. Books must be handled carefully.
7. Writing in books is prohibited, and any book injured, soiled or destroyed must be replaced by the reader.
8. The librarian of the Circulation Library has charge of the room, and any information required will be furnished by her.
9. The use of ink for making extracts or notes is not permitted.
10. Books when read must be returned to their numbered place in the bookcase.

Catalogue—Medical Library.

No.	Title.	Author.
1	Bandaging, Dressing, Guide to Surgical	Smith
2	Poisons, Memoranda on	Tanner
3	Medicine and Surgery, Pocket Cyclopedia of	Gould
4	Medical Words, 30,000, Pronounced and Defined	Gould
5	Injured, First Aid to	Warwick
11	Hygiene and Public Health	Whitelegge
12	Physiology and Hygiene, 1,001 Questions on	——
13	Toxicology	Brundage
14	Mental Nursing	Harding
15	Nursing, A Study in	Pringle
16	Fever Nursing	Harding
17	Friendly Visiting Among the Poor	Richmond
18	Baby: His Care and Training	Wheeler
19	Teeth, The Care of	Hopkins
20	Infant Diet	Jacobi
31	Children, The Care and Feeding of	Holt
32	Obstetric Nursing	Fullerton

(*To be continued.*)

Correspondence.

FROM A HOSPITAL SUPERINTENDENT.

DEAR MADAM,—We are all pleased to receive THE CANADIAN NURSE as a monthly journal; even the junior nurses take a great interest in it. Because it is Canadian seems to make it dearer to Canadian nurses.

In this town, which will soon be a city, there is a greater demand for trained nurses than there was but a few years ago. This year, near the end of it, we expect to have our first graduation.

Hoping I have not tired you, and that I may hear from you in the future, I remain, yours sincerely.

Question Department.

TIME OFF DUTY.

Q. How much time off duty do other superintendents of small hospitals give to nurses who have been doing service in contagious department of hospital? Some nurses argue that they are entitled to the sum of their afternoons. What do you think?

A. In my opinion, a nurse who loses her afternoons while doing duty either in the contagious department of an hospital, or on special cases, is entitled to have the time thus lost made up to her. SUPERINTENDENT.

Q. To what use do you put surgical silk left after an operation? Some of our surgeons refuse to use it after it has been once boiled. They claim the boiling rots it.

A. It is generally admitted that re-sterilization injures silk, and surgeons will not use silk that has been re-sterilized. At one of the leading Canadian hospitals special reels of silk (2-yard length only) are used, four of such reels being placed in a test-tube and "dry-sterilized" by heat. Then a few moments before the operation begins the reels are removed from the test-tube and boiled. They are then ready for use. The old reels containing 10 or 12 yards of silk are not suitable nor economical.

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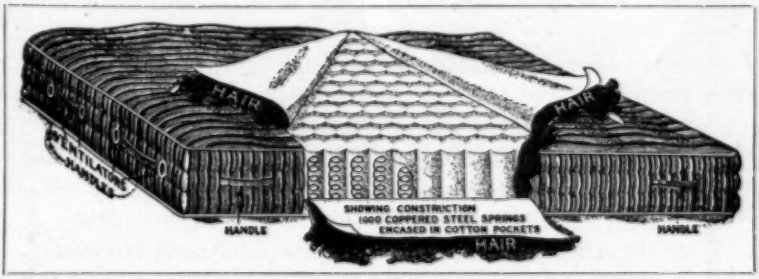
The only Ventilated Mattress



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Hospital and Training School Department

OUR SUBSCRIBERS WILL CONFER A FAVOR UPON US BY REPORTING AT ONCE IF THE CANADIAN NURSE IS NOT IN THEIR HANDS BY THE FIRST DAY OF EACH MONTH. ADDRESS ALL COMMUNICATIONS, "THE CANADIAN NURSE, TORONTO."

Miss M. Lunig has been very ill for the past ten days.

Miss Gertrude Palmer, graduate of L. S. I., Ottawa, is doing private work in Vancouver.

The Hotel Dieu, at Windsor, Ont., is to be enlarged, and a training school for nurses may be added.

Within two years the Hotel Dieu, at Montreal, will celebrate its two hundred and fiftieth anniversary.

The Isolation Hospital and the new Nurses' Home of Vancouver General Hospital will soon be opened.

Miss Sophia Doherty, of the R. V. H., Barrie, has been visiting friends in Collingwood during March.

Miss Ethel Robertson, of Brockville, has been appointed head nurse in the new Niagara Falls Hospital.

The Alumnæ Association of St. Michael's Hospital Training School, Toronto, has started a sick benefit fund.

Miss Annie Rodd, graduate of R. V. H., Montreal, is at present doing private work in New Westminster.

Magnificent new buildings are to be erected for the Montreal General Hospital at a cost of half a million dollars.

Miss Christine Gundry Goderich, a Chatham, Ont., nurse, was recently married to Mr. W. J. Young, of Neepawa, Man.

The annual fees of the G. N. A. O. are now due, and the treasurer will be pleased to receive the same at an early date.

Two obstetrical wards have been opened in General Hospital, Guelph, and were furnished by the ladies of Chalmers Church.

Miss G. C. Ross, of the J. H. H., is to be Acting Superintendent on Miss Nutting's departure for her new sphere of work.

Miss Rahno Aitken is to be married early in June to Dr. Horatio Walker, of Cimarron, New Mexico, formerly of Duluth.

Miss Nan Aitken, of Montreal, accepted the position of night superintendent in the Rutland Hospital, Rutland, Vermont.

We Make Any Style Nurse's Bibs and Aprons to Order

THIS NURSE'S APRON is made of fine but strong cotton, is two yards wide, and finished with eight inch hem. The band is two inches wide and fastens with buttons and button-holes or made with button-holes for studs. Price.....57c

THE BIB is made to order in any style required. The one shown in picture as worn by the nurses of the General Hospital, Toronto, is pleated at waist and crossed at back and worn under the apron 43c

When ordering, please state waist measure and length of apron required.

THE CAP is made of muslin, with two frills and double border, edged with lace, each 12½c. Other styles and prices in stock.

COMFORT HOT WATER BOTTLE, finest red rubber, $1.35, $1.60, $1.85, $2.15 according to size.

HICKS' CLINICAL THERMOMETER, from 65c to $2.00.

Write for Drug Catalogue

THE T. EATON Co. LIMITED TORONTO, CANADA

Miss Sarah Rose, of Alliston, and Miss Eva Spitler, of Fingal, have just graduated from the Amasa Wood Hospital, St. Thomas.

Miss G. A. Mitchell, of Guelph, a graduate of G. G. H., has been appointed Superintendent of Isolation Hospital, Edmonton, Alta.

Rudolphe Forget, M.P. for Charlevoix, has contributed $200,000 to the building fund of the Notre Dame Hospital at Montreal.

Miss J. Bennett, graduate of General Hospital, Guelph, is taking a post-graduate course at the General Memorial Hospital, New York.

Miss Dickson, head nurse at Weston Sanatorium for some time, has been appointed lady superintendent of the Sanatorium at Gravenhurst.

Miss Margaret Borthwick, R.N., a graduate of Guelph General Hospital, is Superintendent of Nurses at the Macon Hospitals, Macon, Ga.

Miss Craig, formerly of Montreal, a graduate of St. Luke's, Chicago, has been appointed Superintendent of the Western Hospital, Montreal.

Miss Jean Higgins is now in charge of surgical flat, Kenora Hospital, where the work is largely emergency work caused from dynamite explosions.

Miss Jean Robertson, graduate Mack Training School, G. & M. Hospital, St. Catharines, is recovering from a severe attack of enteric fever.

Miss Alice Landry, V. P. H., Fredericton, who has completely recovered from a recent attack of pleurisy, is visiting friends in Fredericton.

Miss Lillie E. Burns, graduate, 1907, St. Joseph's Hospital, Chatham, will visit her brother in Port Huron before commencing private nursing.

Miss Annie Caulfield, of Guelph, graduate of the General Hospital, Guelph, left recently for Baltimore to take a position in Dr. Kelly's Sanitarium.

Miss Macdonald, Superintendent of the Victoria General Hospital, Halifax, is making good progress towards recovery after a recent severe operation.

Miss C. Gauld, of Meridian, Sask., graduate of the Guelph General Hospital, has been ill of typhoid fever, but is now gaining strength and will soon be able to resume her professional duties. She is now making her home at Carnduff, Sask.

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Teeth of persons subject to an acid or bilious stomach are liable to discoloration, which requires extra friction to remove. The Liquid, and Powder or Paste, used daily, will soon remove all such tartarous adhesions and leave the teeth clean and white, imparting a refreshing feeling to the mouth.

Very satisfactory results are obtained from using

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at night, and

SOZODONT TOOTH POWDER, OR PASTE

in the morning.

THE MINISTERING ANGEL

THE fourteenth annual meeting of the Kootenay Lake General Hospital at Nelson, B.C., was held on March 12th and a fine report was presented. 220 patients have been treated during the year.

MISS MATILDA MURDIE, graduate Mack Training School, received an appointment as assistant head nurse in the new General Hospital, Niagara Falls, Ont., and commenced her duties in March.

MISS MAUD BOYES, one of the senior pupils in training in the G. & M. Hospital, Collingwood, who was obliged to undergo a very critical surgical operation recently, is now convalescing at the hospital.

MISS MYRTLE HODGINS, graduate of the Woodstock General Hospital, and late night supervisor of the General Memorial Hospital, New York, is spending a few weeks with friends in London, Ont.

MISS SOUTHCOTT, Lady Superintendent of the General Hospital, St. Johns, Newfoundland, has just perfected a remarkably complete report form, which has been printed for use in hospital wards.

MISS ALMA C. MURRAY, who has been for the past seven years head nurse in the Riverdale Isolation Hospital, Toronto, has accepted the position of Superintendent of the Isolation Hospital, Grand Rapids, Mich.

IT is with the deepest regret that we record the tragic death of Miss Henderson (J. H. H.) in the earthquake at Jamaica. We offer our deepest sympathy to the graduates of the Johns Hopkins in this sad loss.

OWING to ill health, Miss Gertrude M. Moore, Matron of Royal Jubilee Hospital, Kenora, has resigned her position. Miss Moore, we believe, intends taking a trip further west before entering into active duties again.

MISS ISABELLE LIKELY, V. P. H., Fredericton, had the misfortune to meet with a severe accident recently while nursing a case in Woodstock, N.B., and as a result will not be able to resume her duties for some weeks.

MISS WILSON, Superintendent of the Winnipeg General Hospital, was in Toronto on March 28th, en route to the West, after a two months' study of the methods and training obtaining in the hospitals of the large American centres.

THE number of applications from trained nurses for admission to the 1907 spring and summer classes of the Pennsylvania Orthopedic Institute and School of Mechano-Therapy in Philadelphia is greater than in any previous year.

Instruction in Massage

Swedish Movements, Medical and Orthopaedic Gymnastics

Term : 3 Months — Tuition Fee : $60.00

Course in Electro-Therapy

Term : 2 Months — Tuition Fee : $25.00

Course in Hydro-Therapy in all its Forms

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The different branches of Instruction may be commenced at the same time and finished within three months

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Spring Classes open May 15th, 1907
Summer Classes open June 27th, 1907

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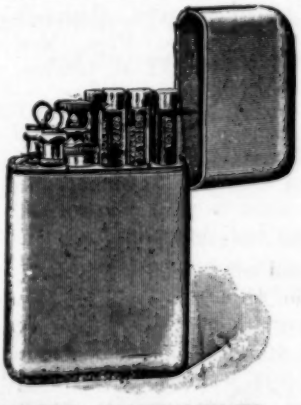

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KRESS & OWEN COMPANY
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Miss Beth Richardson, of the General Hospital, Guelph, who underwent an operation for appendicitis recently, is now convalescent, and will soon be able to resume her duties again.

Miss S. McCullough, graduate of the General Hospital, Guelph, has resigned her position in the Galt Hospital, Lethbridge, Alta., and has taken the position of head nurse of the Ymir Hospital, Ymir, B.C.

Miss Etta Stirton, graduate of General Hospital, Guelph, and formerly Superintendent of Hospital, Prince Albert, Sask., who has been visiting relatives in Boston, Mass., and Guelph. Ont., has returned to her home in Saskatoon, Sask.

Mrs. W. J. Hamill (*née* Foster), a graduate of the G. and M. Hospital, St. Catharines, is now residing at Hanley, Sask. Her many friends will be interested to hear of the birth of her little daughter, at Hanley, on October 8th, 1906.

Miss Clara Evans, Superintendent of the Kootenay Lake General Hospital at Nelson, B.C., who has been ill for two months, is now, we are very glad to report, convalescing, and hopes soon to be up and able to attend to her numerous duties.

We are glad to hear that it has been finally decided, instead of adding to the present General Hospital at Calgary, to build a new one on a more desirable site. Calgary is growing rapidly, and increased hospital accommodation is much needed.

The Alumnæ Association of St. Michael's Hospital Training School for Nurses gave a delightful At-Home at St. Michael's Hospital on Monday, April 8th. The officers are: Pres., Mrs. Day; Vice-Pres., Miss E. R. Greene; Sec., Miss L. M. Graves; Treas., Miss A. McNevin.

It is possible that St. Catharines may have a new general hospital in the near future. Mr. E. McArdle has presented the Board of Trustees with a valuable site of three acres of land, with a large brick residence upon it, which could be used as a nurses' home. St. Catharines is also to have an isolation hospital.

Miss Minnie E. Surbray, graduate of the City Hospital, Akron, Ohio, post-graduate of the Boston Floating Hospital, Boston, Mass., and who has been supervising nurse at City Hospital, Akron, Ohio, for some time, has been appointed to take charge of the new City Hospital at Warren, Ohio, duties to begin May 1st.

Miss Anna A. Hawley, of Montreal (Worcester City Hospital., Mass., 1904), has been appointed Superintendent of the Queen Victoria Memorial Hospital in Dauphin, Man. Miss Hawley was formerly Assistant Superintendent at the Worcester City Hospital, and we are very much gratified to hear of her return to Canada and her appointment to this important position.

In all disorders of the respiratory tract in which inflammation or cough is a conspicuous factor, incomparably beneficial results can be secured by the administration of

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The preparation instantly diminishes cough, augments expulsion of secretions, dispels oppressive sense of suffocation, restores regular, pain-free respiration and subdues inflammation of the air passages.

The marked analgesic, antispasmodic, balsamic, expectorant, mucus-modifying and inflammation-allaying properties of GLYCO-HEROIN (SMITH) explain the curative action of the Preparation in the treatment of

Coughs, Bronchitis, Pneumonia, Laryngitis, Pulmonary Phthisis, Asthma, Whooping Cough

and the various disorders of the breathing passages.

GLYCO-HEROIN (SMITH) is admittedly the ideal heroin product. It is superior to preparations containing codeine or morphine, in that it is vastly more potent and does not beget the bye-effects common to those drugs.

DOSE.—The adult dose is one teaspoonful, repeated every two or three hours. For children of more than three years of age, the dose is from five to ten drops.

Samples and exhaustive literature bearing upon the preparation will be sent, post paid, on request.

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THE Hepburn-Forsyth Nurses' Home in connection with General Hospital, Guelph, has been opened recently, and the nurses find their new quarters most comfortable.

A POST-GRADUATE course for trained nurses is offered at the Babies' Hospital, Lexington Ave., New York, in diseases of children. The hospital has sixty ward beds and admits for treatment sick children under three years of age, there having been admitted last year over 1,000 patients.

THE regular monthly meeting of the Alumnæ Association of the Training School of the Toronto General Hospital was held in the lecture room of the Nurses' Residence on Tuesday, March 12th. After the busiiness part of the meeting was concluded, Dr. Graham (Resident Pathologist, T. G. H.) gave a very interesting talk on Opsonins, which was much enjoyed by all present.

MRS. SNIDER, graduate of the Winnipeg General Hospital, 1902, and formerly Superintendent of the General Hospital, Neepawa, Manitoba, who, with her mother, Mrs. Halstead, has been spending the winter in Toronto, sails from New York on April 27th for a five months' trip abroad. Mrs. Snider was an interested visitor at the annual meeting of the Graduate Nurses' Association of Ontario on March 30th.

THE contracts for a new power house and laundry for Montreal General Hospital are out, and work will begin at once. These will be situated on a lot across Lagauchetiere Street, with a tunnel connection to the main hospital building. Then a new pavilion is to be built at once for private patients, with a department for out-patient work on the lowest floor. This is to be on the corner of Dorchester and Cadieux Streets.

AT the annual meeting of the Graduate Nurses' Association of Ontario there was a very good representation of nurses from the different hospitals in Ontario, as well as from Toronto. Among the out-of-town visitors we noticed Miss A. Robinson, Galt; Miss Hollingworth, St. Catharines; Miss Chesley, Ottawa; Miss Tilley, Kingston; Miss Morton, Collingwood; Miss Chillman, Stratford; Miss Green, Belleville, and many others.

THE Washington State Association of Graduate Nurses met in Seattle on February 27th and 28th. A constitution and by-laws were adopted. The plan of state registration for nurses was the subject of animated discussion. The purpose is to raise the standard of the profession to protect both the association and the public. The Association endeavors to arrange the constitution so that it will harmonize with those of Oregon and California, in order to form a Tri-State Union. The *Pacific Coast Nursing Journal* was accepted as the official organ. Mrs. Etta B. Cummings, graduate Bellevue, N.Y., and Miss Margaret McMillan, graduate Toronto General Hospital, represented Tacoma.

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We are indebted to the Sisters of Charity of the House of Providence, Kingston, for a copy of the very interesting annual report of the St. Vincent de Paul Hospital, Brockville. It is illustrated with many beautiful pictures and contains much valuable information. To us, one of the most interesting pages is that which gives a brief memoir of the Reverend the Mother Superior-General, Sister Mary Scholastica, who founded the hospital, and to whose memory it is a noble monument.

The officers of the Toronto Riverdale Alumnæ Association for 1907 are: President, Miss K. Mathieson, Riverdale Hospital; 1st Vice-President, Miss Susie Mears, 76 Avenue Road; Secretary, Miss K. Scott, Riverdale Hospital; Treasurer, Miss Elizabeth Argue, 505 Sherbourne Street. Conveners of Committees: Miss J. MacNeil, 505 Sherbourne Street, Programme; Miss M. Sawyer, 76 Avenue Road, Executive; Miss Mears and Miss MacNeil, representatives on the Central Registry Board.

The new Nurses' Home of the McKellar General Hospital, Fort William, opened March 23rd, 1907, was the scene of a linen shower in March. The pretty home was *en fête* for the occasion. The shower of linen, which was almost a downpour, was very acceptable, and included every useful article in linen. The home is now well stocked with this necessary help to housekeeping. The visitors were received by Miss Banks, the superintendent, and Mrs. Mitchell, president Hospital Ladies' Aid.

The portrait of a nurse, Miss Nutting, by Cecilia Beaux, exhibited at Walter Rowland's galleries, 431 Boylston Street, is one of the most remarkable characterizations of a type that has come from the brush of this exceptionally talented painter. It is a type which many persons know, and which unites the suaviter in modo with fortiter in re. A useful and estimable personage, strong of will, and very capable. The head is painted with an extraordinary certitude, candor and comprehension.—*Boston Transcript.*

The home of Mrs. Robert Hackney, McTague Street, was the scene of a very pleasant event on March 20th, when the members of the Alumni Association of the Guelph General Hospital assembled to honor one of their number, Miss Stork, who leaves shortly for her new home in Calgary. During the course of the afternoon Miss Stork was presented with a handsome cut glass carafe, the presentation being made by Miss Walker, Secretary of the Association, while the President, Mrs. Douglas, read the address, to which Miss Stork replied. Afterward the hostess served dainty refreshments, and a most delightful time was spent. Those present of the graduate nurses were: Misses Leadlay, Carlton, Stirton and Thompson, and Mrs. (Dr.) Roberts. Mrs. A. A. Anderson, and Mrs. A. McMillan.

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THE Highland View Hospital, of Amherst, N.S., was opened three years ago with accommodation for thirty-four patients. The average number of patients receiving treatment in the hospital is about sixteen, the larger number of them being accident cases, as Amherst is a large manufacturing town. There is no training school, four or five graduate nurses being employed. During the last year the hospital was provided with four sterilizers and rubber matting in all the corridors. Though the hospital is small and still imperfectly equipped, there has been a growth in every direction during the past year.

A VERY charming and successful tea, by which the sum of $85.50 was raised, was given by the Alumnæ Association of the Kingston General Hospital, to pay for the decorating of the Nurses' Home. The guests were received by Mrs. Tilley, President of the Alumnæ, and by Miss A. Scott, Superintendent of the Training School. The school colors of red and white were carried out both in the floral decorations and in the dresses of the nurses who served tea. The whole effect was extremely pretty, and the tea was enjoyed by every one who was able to be present.

MRS. LETT, widow of the late Rev. Dr. Lett, of Collingwood, died very suddenly on March 25th. She was a noble woman, full of generosity and charity. Beloved by every one for her genial, kindly disposition and unselfish devotion to good works, she will be deeply mourned and greatly missed. She was best known through her connection with the G. and M. Hospital, which she practically founded and largely supported by her munificent gifts and splendid organizing ability. Her last act was to provide an ambulance for the hospital. All the flags in Collingwood were at half-mast for her funeral. She was buried beside her husband in St. James Cemetery, Toronto.

THE Calgary Association of Graduate Nurses was founded in June, 1904, with seven members, and held meetings second Thursday of each month. The following year the membership increased to eighteen. One of the members (Miss Forbes, a graduate of Grace Hospital, Toronto) was married last June to Mr. Payne, a lawyer in Red Deer. A group photograph of the Association was taken and presented to the bride. Our Association will be three years old in June and we now number 35. The work of the Association has so increased in the last year that a corresponding-secretary had to be appointed. Almost every day there is a letter from outside towns asking for a nurse, such as, "Can you send me a maternity nurse for the last week in March should I send a telegram?" (By the way, they always forget to send a stamp for an answer.) It was through this Association writing to the Medical Association in Toronto for a journal of this kind that the Toronto alumnæ took up the question of having a magazine.

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THE usual monthly meeting of the Collingwood G. & M. Hospital Alumnæ Association was held on Thursday, March 7th, in the superintendent's sitting-room at the hospital. In the absence of the president, Miss Jennie Carr occupied the chair. There was a fair attendance of the members and some visitors, graduates from other hospitals. After the usual business had been transacted, Dr. S. R. Clemes read a most interesting paper on "The Digestive System," giving incidentally most valuable information on the causes of indigestion and the dietetic treatment of the same. Afternoon tea was then served, and after a little social chat the members took their departure.

GRADUATION exercises were held at St. Joseph's Hospital, Chatham, on Tuesday evening, March 19th, when diplomas and medals were received by Miss Lillie E. Burns, Amherstburg, Ont., and Miss Florence Darling, Chatham. The lecture room was tastefully decorated in the school colors of yellow and white, and a profusion of flowers. There was an interesting programme of vocal and instrumental music. Rev. Father James, O.S.F., who presided as Chairman, and Drs. Charters, R. V. Bray and Sullivan, gave suitable addresses. The junior nurses presented their departing companions with an address, beautiful bouquets, and as a souvenir a volume of nursing literature. The graduates also received many choice bouquets from numerous friends.

THE Alumnæ Association of Kingston General Hospital held their monthly meeting in the Nurses' Home on Tuesday, April 9th. There was a good attendance. The report of the Alumnæ tea was read and much satisfaction expressed at the result. The net amount was $75. The sum of $30 was voted for the purpose of buying much needed linen for the Nurses' Home. The Womans' Aid of the hospital are undertaking a "Made in Canada" sale in October, and asked the Alumnæ to take a booth, which they agreed to do. Mrs. Tilley read an interesting report of the annual meeting of the O. G. N. A., held in Toronto. It was decided to subscribe for THE CANADIAN NURSE, for the use of the nurses in training. The meeting adjourned at 4.40 p.m., when Miss Scott kindly invited the members to afternoon tea.

THE final finishing touches have now been added to the decoration of the interior of the Residence for Nurses, Sick Children's Hospital, Toronto, and the building will be open some time about the middle or end of April for public inspection. It is understood that about the end of April an At-Home will be given by the Lady Superintendent, and invitations will be extended to citizens who had not the privilege of being present at the opening ceremonial in February. All the nurses of the hospital are now installed in the residence, and they appreciate to the fullest extent the effort that Mr. Robertson has made to give them an ideal home. The entire building, from the basement to the top floor, has

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assumed such an air of comfort that the nurses, after their day or night work at the hospital, are delighted to enjoy the restful rooms that have been provided for their comfort. The reception room, the parlor, the music room, the writing room and the library are all well patronized. The parlor and reception room are for the nurses and their friends. The music room, with a piano of exquisite tone, furnishes enjoyment for those who are fond of music, while the library, with its thousand volumes, gives literary entertainment from the best selection of general literature. The medical library on the second floor is always occupied, for in it is a collection of about three hundred books, which embraces every book of value in connection with nursing. During the summer months there will be a day in each week when the general public will be admitted by cards issued on application at the office of the hospital. Only a certain number can be admitted during an afternoon. This arrangement has been made necessary by the large number of applications which have been received from the public for an opportunity to see the building.

THE Alumnæ Association of the Hospital for Sick Children have published a small book of some eighty pages on invalid cookery. The recipes have been compiled by Mrs. Macbeth, Dietitian of the Hospital. It is unique from the fact of the recipes having been reduced so as to enable one to make dishes for one person. It comes dressed in the colors of the hospital, blue and gold, with the Alumnæ pin stamped on the cover. It has been dedicated to Mrs. J. Ross Robertson, to whom we are indebted for so many kindnesses. Mr. Robertson has been most kind in giving his advice and aid in the publishing. The book may be obtained from Miss M. Grey, 505 Sherbourne Street, for fifty cents, postage paid. There were some two dozen sold at the annual meeting of the G. N. A. O.

THE graduation exercises in connection with the Training School for Nurses at the Toronto Hospital for Incurables were held on Friday, March 8th. His Honor the Lieut.-Governor presided, and Mrs. Clark presented the diplomas. Dr. E. E. King addressed the graduates. Solos were rendered by Mr. Rechab Tandy and a reading was given by Miss Mabel Rogers. The gold medal, presented by Mr. Ambrose Kent, was awarded to Miss E. Cook, and the silver medal, presented by Dr. Riordan, Dr. Aikens and Dr. Davidson, was awarded to Miss M. E. Johnson. Miss Alice Scott received the prize of a pearl pin presented by Mrs. R. B. Hamilton for the best essay on "The Ideal Nurse." The following young ladies received their diplomas: Miss Etta Cook, Miss M. E. Johnson, Miss Lillia Scott, Miss Buckerfield, Miss Mabel Fremlin, Miss Jessie Hendry, Miss M. M. Bowman, Miss Lizzie White, Miss Alice Scott and Miss Amy Mercer. Walter E. Simmonds, an orderly, also passed the examinations with honors.

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THE graduate nurses of Edmonton held a meeting in February, at which it was decided to form an Association. Officers were appointed as follows: President, Mrs. Lee; 1st Vice-Pres., Miss Hobbs; 2nd Vice-Pres., Miss Johnston; Sec., Miss Trites; Treas., Miss McConaghy; Hon. Pres., Miss McIsaac. An Executive Committee was appointed to consist of all the officers and two other nurses, namely, Miss Martin and Mrs. Manson. A meeting of the Executive was called to prepare a constitution, which was presented to the members of the Association at the regular meeting in March, and was unanimously accepted. The name of our Association is the "Edmonton Association of Graduate Nurses." A number of our members are subscribers to THE CANADIAN NURSE, and we wish it every success.

AN open meeting of nurses was held in the Nurses' Residence of the Sick Children's Hospital, Thursday evening, March 21st, to discuss the formation of a Nurses' Club and the buying of a club house. Quite a number of nurses responded, and after considerable discussion a committee was appointed to look into the question of finances, as of course there will have to be an assured income before such a project can be carried into effect. There will probably have to be a joint stock company incorporated, with sufficient stock to buy a suitable house, the income from the rooms and other sources to be used for maintenance and finally dividends upon the stock. But there will need to be pledges from the nurses interested before anything definite can be done. It is thought that the nurses are numerous enough in Toronto now to have a club house of their own, and if all pull together the burden will not be a heavy one.

THE Nurses' Social Club of Toronto held its fifth monthly meeting in the Temple Building on the evening of March 20th, with Miss Brent in the chair. Dr. C. J. Copp gave a most interesting talk on the work of the Red Cross Society and St. John's Ambulance in Canada. Canada, not being an independent country, can not be one of the signatory powers to the Treaty of Geneva, but must form a branch of the British Red Cross Society. The Society has not made much progress in Canada, the most of its work having been done during the time of the Boer war. There is talk, however, of re-organizing the Society here, when it is hoped that the nurses of the Dominion will have an opportunity to give their assistance. The Red Cross Society, when originally planned, was intended to give relief during the time of war; the St. John's Ambulance, with its motto, "*Pro Utilitate Hominum*," "For the benefit of man," doing relief work during peace times, and toward this end giving a course of lectures in first aid to the injured, hygiene, home nursing, etc. The lectures, although few in number, are very comprehensive, and through their influence upon the classes which are held in schools, Y.M.C.A.'s, and the police department, it is hoped that in time

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the people will become so roused to the necessity of improving hygienic conditions that they will desire a Department of Health and Hygiene in the Legislatures of the Provinces. The work of the St. John's Ambulance Society in Great Britain was so effective that on the outbreak of the Boer war they were able to offer to the government the services of 2,500 trained men as orderlies. The Society is doing good and effective work here also. Dr. Copp recommended those nurses who wished to tender their services to the country to apply to Dr. Fotheringham, the P.M.O., for positions on the staff of the Army Medical Service as nursing sisters. At present there is provision for twenty-five, but when the different corps are completed there will probably be more positions open for nurses. A nursing sister ranks with a lieutenant and when on active service draws a lieutenant's pay, $2.00 a day. In the United States the Red Cross Society was a few years ago re-organized under the name of the "American National Red Cross," and the idea being to make it really national. It is proving itself most efficient, both in war and peace emergencies, such as famine in Japan, earthquakes in San Francisco and Valparaiso, flood at Pittsburg, eruption of Vesuvius. The scope is world-wide and the motto practically that of the St. John's Ambulance. Miss Bowerman afterwards spoke of the misuse of the Red Cross, which, instead of being reserved for the Red Cross Society, is used as a trade-mark in medical supplies, hospitals, condensed foods, shoes, milk waggons, correspondence schools of nursing, and hosts of other improper places. The signatory powers to the Treaty of Geneva have pledged themselves to discontinue this abuse as quickly as possible. In many cases the trade-mark is protected by law, but the renewal of it can be refused. The Franco-American Food Company is one of the few which have offered to do away with it on their labels. Miss Dawson very kindly sang two solos, which were much appreciated by those present, as was also an instrumental solo by Mr. Parton. The next meeting will be an open one, and a really social time is expected. At the May meeting we expect to have an address from Rev. Dr. Teefy, which will be the last of this season.

MARRIED.

THIVIERGE—FORTIER.—On February 6th, 1907, Miss Azilda Fortier (graduate St. M. H., Toronto), of Pembroke, was married to Mr. J. A. Thivierge. They will reside in Ottawa.

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The Nurse's Library.

Mrs. Osborn, in the *Delineator* for May, describes a new travelling dress that will take the fancy of every nurse. It is washable. "Summer Outings," "The Care of the Hair," "Gardening," "When a Girl Graduates," and many other good things are to be found in the same number.

The University Magazine (The Macmillan Company of Canada) for April is No. 2 of Volume VI., but, as we all know, it has just taken a new start, and we are all deeply interested in its promise and its success. Scholarly, sincere, and of a noble standand, we have had nothing like it in this country before. Archibald MacMechan's "Browning's Women," Mrs. Logan's "The American Novel," Stephen Leacock's "Greater Canada," Andrew MacPhail's "Loyalty to What," Duncan Campbell Scott's "At Perugia," to say nothing of other articles that our space does not permit us even to name—these are indeed a feast.

School Hygiene. By CHARLES PORTER, M.D. London, New York and Bombay: Longmans, Green & Co. Toronto: J. A. Carveth & Co.

Dr. Porter, who is a barrister of the Middle Temple, Chief Sanitary Inspector and Assistant M. O. H. of Leeds, has taken as the basis of this book the lectures delivered to the students of the Sheffield Training College and the teachers of the schools of Sheffield. It is a complete and useful work, containing a very great deal of information, and as so many nurses are now concerned with school hygiene, they will be interested in this book.

Antiseptic Methods. By HAROLD UPCOTT, F.R.C.S. London: Baillière, Tindall & Cox. Toronto: J. A. Carveth & Co.

Fifty pages of scientific common sense and surgery for nurses is here bound in red, well illustrated, and placed at the disposal of all for 2s. 6d. It is well worth it. Here are explained the secrets of the "boiled hand," the "normal saline," and the "formaline gelatine," and many other interesting things. It is a good little book.

A Hand-book of Nursing. By MISS M. M. OXFORD. London: Methuen & Co. Third edition.

The basis of this book is the teaching given to nurses at Guy's Hospital, and we have no hesitation in recommending it as one of the best text-books for nurses that we have ever seen. It is so practical, useful and reliable. It is one of the few books that are valuable both to the experienced nurse and to the recent graduate, or even undergraduate. The chapters on ward work, feeding and baths are almost ideal. This book should be in every nurses' library. If any book can teach common sense it is this one.

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